

## Alcatraz Island, CA - Jul 2019

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:40	4.6	5:29	-0.8	5:01	2.8	5:51	8:35	☾
2	Tue			1:27	4.8	6:11	-1.2	5:49	2.9	5:51	8:35	☾
3	Wed			2:13	5.0	6:55	-1.4	6:39	2.9	5:52	8:35	●
4	Thu	12:44	6.7	2:58	5.1	7:40	-1.5	7:33	2.8	5:52	8:35	●
5	Fri	1:34	6.6	3:43	5.2	8:27	-1.3	8:32	2.7	5:53	8:35	●
6	Sat	2:27	6.2	4:29	5.4	9:15	-1.0	9:38	2.5	5:53	8:35	☾
7	Sun	3:26	5.7	5:17	5.5	10:04	-0.5	10:52	2.2	5:54	8:34	☾
8	Mon	4:33	5.0	6:05	5.7	10:56	0.1			5:55	8:34	☾
9	Tue	5:51	4.5	6:54	6.0	12:09	1.8	11:51 AM	0.7	5:55	8:34	☾
10	Wed	7:20	4.1	7:42	6.2	1:24	1.3	12:49	1.4	5:56	8:33	☾
11	Thu	8:49	4.1	8:30	6.4	2:30	0.7	1:49	1.9	5:56	8:33	☾
12	Fri	10:07	4.2	9:15	6.5	3:27	0.1	2:47	2.3	5:57	8:33	☾
13	Sat	11:11	4.5	9:59	6.5	4:17	-0.3	3:42	2.6	5:58	8:32	☾
14	Sun			12:05	4.7	5:02	-0.5	4:33	2.8	5:59	8:32	☾
15	Mon			12:52	4.8	5:43	-0.6	5:21	3.0	5:59	8:31	☾
16	Tue			1:34	4.9	6:22	-0.7	6:06	3.0	6:00	8:31	☾
17	Wed	12:00	6.3	2:12	4.9	6:58	-0.6	6:48	3.0	6:01	8:30	☾
18	Thu	12:38	6.1	2:47	4.9	7:33	-0.5	7:30	3.0	6:01	8:29	☾
19	Fri	1:16	5.8	3:19	4.9	8:07	-0.3	8:12	2.9	6:02	8:29	☾
20	Sat	1:54	5.5	3:51	4.9	8:41	-0.1	8:57	2.8	6:03	8:28	☾
21	Sun	2:34	5.2	4:23	5.0	9:16	0.2	9:48	2.7	6:04	8:28	☾
22	Mon	3:19	4.8	4:57	5.1	9:52	0.6	10:46	2.5	6:04	8:27	☾
23	Tue	4:12	4.3	5:34	5.2	10:31	1.1	11:51	2.3	6:05	8:26	☾
24	Wed	5:19	3.9	6:13	5.4	11:15	1.6			6:06	8:25	☾
25	Thu	6:46	3.7	6:56	5.6	12:56	1.9	12:07	2.1	6:07	8:25	☾
26	Fri	8:20	3.7	7:41	5.8	1:56	1.4	1:04	2.5	6:08	8:24	☾
27	Sat	9:41	3.9	8:28	6.1	2:48	0.8	2:04	2.8	6:08	8:23	☾
28	Sun	10:43	4.3	9:15	6.4	3:36	0.2	3:00	2.9	6:09	8:22	☾
29	Mon	11:34	4.6	10:04	6.7	4:22	-0.3	3:53	2.9	6:10	8:21	☾
30	Tue			12:19	4.8	5:07	-0.8	4:44	2.9	6:11	8:20	☾
31	Wed			1:01	5.0	5:51	-1.1	5:35	2.7	6:12	8:19	☾