



## Alcatraz Island, CA - Sep 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:23	6.4	2:20	6.0	7:37	-0.2	8:02	1.0	6:39	7:39	☀
2	Mon	2:20	5.9	3:01	6.1	8:21	0.4	8:59	0.8	6:40	7:38	🌙
3	Tue	3:21	5.4	3:44	6.1	9:07	1.1	10:02	0.7	6:41	7:36	🌙
4	Wed	4:30	4.9	4:31	6.1	9:58	1.8	11:10	0.7	6:42	7:35	🌙
5	Thu	5:51	4.5	5:24	5.9	10:59	2.4			6:43	7:33	🌙
6	Fri	7:23	4.4	6:24	5.8	12:24	0.6	12:14	2.8	6:43	7:32	🌙
7	Sat	8:46	4.5	7:27	5.7	1:35	0.5	1:32	3.0	6:44	7:30	🌙
8	Sun	9:50	4.8	8:28	5.7	2:39	0.3	2:40	3.0	6:45	7:28	🌙
9	Mon	10:38	5.0	9:23	5.8	3:32	0.2	3:35	2.8	6:46	7:27	🌙
10	Tue	11:17	5.1	10:11	5.8	4:17	0.2	4:21	2.6	6:47	7:25	☀
11	Wed	11:50	5.1	10:54	5.8	4:56	0.1	5:01	2.3	6:48	7:24	☀
12	Thu			12:19	5.1	5:30	0.2	5:37	2.1	6:49	7:22	☀
13	Fri			12:44	5.2	6:01	0.3	6:11	1.9	6:49	7:21	☀
14	Sat	12:13	5.6	1:08	5.2	6:30	0.5	6:43	1.7	6:50	7:19	☀
15	Sun	12:51	5.4	1:32	5.3	6:58	0.8	7:16	1.5	6:51	7:18	☀
16	Mon	1:30	5.2	1:57	5.4	7:26	1.1	7:51	1.3	6:52	7:16	☀
17	Tue	2:11	4.9	2:24	5.4	7:56	1.5	8:29	1.2	6:53	7:15	☀
18	Wed	2:58	4.7	2:55	5.5	8:28	1.9	9:13	1.1	6:54	7:13	☀
19	Thu	3:53	4.4	3:31	5.5	9:05	2.4	10:05	1.0	6:54	7:11	☀
20	Fri	5:03	4.1	4:15	5.5	9:51	2.8	11:07	0.9	6:55	7:10	☀
21	Sat	6:29	4.1	5:10	5.5	10:55	3.2			6:56	7:08	☀
22	Sun	7:56	4.2	6:17	5.5	12:18	0.7	12:17	3.3	6:57	7:07	🌙
23	Mon	9:01	4.5	7:27	5.7	1:28	0.4	1:37	3.2	6:58	7:05	🌙
24	Tue	9:49	4.8	8:34	5.9	2:30	0.0	2:41	2.8	6:59	7:04	🌙
25	Wed	10:30	5.1	9:36	6.2	3:24	-0.2	3:35	2.3	7:00	7:02	🌙
26	Thu	11:08	5.4	10:34	6.3	4:13	-0.4	4:26	1.7	7:00	7:01	🌙
27	Fri	11:44	5.7	11:30	6.3	4:58	-0.4	5:15	1.1	7:01	6:59	🌙
28	Sat			12:21	6.0	5:41	-0.2	6:04	0.6	7:02	6:57	☀
29	Sun	12:26	6.2	12:58	6.2	6:24	0.2	6:54	0.2	7:03	6:56	☀
30	Mon	1:22	5.9	1:35	6.3	7:06	0.7	7:44	0.0	7:04	6:54	☀