

































Alcatraz Island, CA - Aug 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:08	4.9	5:00	-0.7	4:38	3.0	6:13	8:18	
2	Sun			12:52	5.1	5:44	-0.8	5:28	2.9	6:14	8:17	
3	Mon			1:31	5.1	6:24	-0.7	6:15	2.8	6:15	8:16	
4	Tue	12:12	6.4	2:08	5.1	7:02	-0.6	7:00	2.7	6:16	8:15	
5	Wed	12:54	6.1	2:41	5.1	7:38	-0.4	7:43	2.6	6:17	8:13	
6	Thu	1:35	5.8	3:12	5.1	8:13	-0.1	8:28	2.5	6:18	8:12	
7	Fri	2:17	5.4	3:42	5.1	8:47	0.4	9:15	2.3	6:18	8:11	
8	Sat	3:01	4.9	4:13	5.2	9:21	0.8	10:07	2.2	6:19	8:10	
9	Sun	3:51	4.4	4:46	5.2	9:58	1.4	11:06	2.0	6:20	8:09	
10	Mon	4:55	4.0	5:23	5.3	10:38	2.0			6:21	8:08	
11	Tue	6:20	3.7	6:06	5.4	12:12	1.8	11:28 AM	2.5	6:22	8:07	
12	Wed	8:01	3.7	6:54	5.5	1:17	1.5	12:30	2.9	6:23	8:05	
13	Thu	9:28	3.9	7:46	5.7	2:17	1.1	1:37	3.2	6:24	8:04	
14	Fri	10:27	4.2	8:38	5.9	3:08	0.6	2:38	3.3	6:24	8:03	
15	Sat	11:11	4.5	9:28	6.2	3:54	0.2	3:30	3.2	6:25	8:02	
16	Sun	11:49	4.7	10:16	6.4	4:36	-0.2	4:17	3.0	6:26	8:00	
17	Mon			12:24	4.9	5:16	-0.6	5:01	2.8	6:27	7:59	
18	Tue			12:59	5.1	5:56	-0.8	5:46	2.5	6:28	7:58	
19	Wed			1:33	5.3	6:35	-0.8	6:33	2.1	6:29	7:56	
20	Thu	12:41	6.6	2:08	5.5	7:15	-0.7	7:22	1.8	6:30	7:55	
21	Fri	1:33	6.3	2:45	5.7	7:55	-0.3	8:16	1.5	6:31	7:54	
22	Sat	2:28	5.8	3:23	5.9	8:36	0.2	9:14	1.2	6:31	7:52	
23	Sun	3:29	5.3	4:05	6.1	9:20	0.9	10:19	1.0	6:32	7:51	
24	Mon	4:41	4.7	4:52	6.1	10:10	1.6	11:31	0.7	6:33	7:50	
25	Tue	6:07	4.3	5:45	6.2	11:08	2.3			6:34	7:48	
26	Wed	7:43	4.3	6:45	6.2	12:47	0.5	12:21	2.8	6:35	7:47	
27	Thu	9:09	4.5	7:48	6.2	1:59	0.2	1:39	3.0	6:36	7:45	
28	Fri	10:13	4.8	8:49	6.2	3:02	0.0	2:50	3.0	6:36	7:44	
29	Sat	11:02	5.0	9:45	6.3	3:56	-0.2	3:48	2.9	6:37	7:42	
30	Sun	11:44	5.2	10:35	6.2	4:43	-0.3	4:39	2.6	6:38	7:41	
31	Mon			12:21	5.2	5:23	-0.3	5:23	2.4	6:39	7:39	