
































Alcatraz Island, CA - Nov 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:05	5.5	10:00	5.0	3:15	0.5	3:59	1.3	7:35	6:10	
2	Tue	10:34	5.8	10:58	5.1	3:55	0.7	4:40	0.6	7:36	6:09	
3	Wed	11:05	6.2	11:55	5.2	4:35	1.0	5:22	-0.1	7:37	6:08	
4	Thu	11:38	6.5			5:15	1.4	6:06	-0.7	7:38	6:07	
5	Fri	12:53	5.2	12:14	6.7	5:56	1.9	6:53	-1.1	7:39	6:06	
6	Sat	1:52	5.1	12:54	6.8	6:40	2.3	7:42	-1.3	7:40	6:05	
7	Sun	1:53	5.0	12:38	6.7	6:28	2.8	7:35	-1.3	6:42	5:04	
8	Mon	2:57	4.9	1:28	6.5	7:24	3.1	8:33	-1.0	6:43	5:03	
9	Tue	4:05	4.9	2:26	6.0	8:32	3.3	9:36	-0.7	6:44	5:02	
10	Wed	5:14	4.9	3:34	5.6	10:00	3.3	10:43	-0.4	6:45	5:02	
11	Thu	6:18	5.1	4:51	5.1	11:32	3.1	11:50	0.0	6:46	5:01	
12	Fri	7:12	5.3	6:13	4.8			12:49	2.5	6:47	5:00	
13	Sat	7:57	5.5	7:29	4.7	12:49	0.3	1:51	1.9	6:48	4:59	
14	Sun	8:35	5.7	8:37	4.6	1:40	0.6	2:43	1.3	6:49	4:58	
15	Mon	9:08	5.8	9:37	4.6	2:25	1.0	3:27	0.8	6:50	4:58	
16	Tue	9:37	5.9	10:32	4.6	3:05	1.4	4:06	0.4	6:51	4:57	
17	Wed	10:03	6.0	11:22	4.6	3:41	1.8	4:41	0.0	6:52	4:56	
18	Thu	10:28	6.0			4:16	2.2	5:14	-0.2	6:53	4:56	
19	Fri	12:10	4.6	10:54 AM	6.0	4:51	2.6	5:46	-0.3	6:54	4:55	
20	Sat	12:55	4.6	11:21 AM	5.9	5:25	3.0	6:19	-0.4	6:55	4:54	
21	Sun	1:40	4.6	11:50 AM	5.8	6:01	3.2	6:53	-0.3	6:56	4:54	
22	Mon	2:26	4.5	12:24	5.7	6:39	3.4	7:31	-0.3	6:57	4:53	
23	Tue	3:14	4.5	1:02	5.5	7:22	3.6	8:13	-0.1	6:58	4:53	
24	Wed	4:05	4.5	1:46	5.2	8:15	3.6	9:00	0.0	6:59	4:53	
25	Thu	4:58	4.5	2:39	4.9	9:26	3.6	9:52	0.2	7:01	4:52	
26	Fri	5:46	4.6	3:43	4.6	10:49	3.4	10:48	0.3	7:02	4:52	
27	Sat	6:28	4.8	5:00	4.4			12:02	3.0	7:03	4:51	
28	Sun	7:05	5.1	6:21	4.3			1:01	2.3	7:03	4:51	
29	Mon	7:39	5.5	7:40	4.3	12:35	0.8	1:51	1.5	7:04	4:51	
30	Tue	8:12	5.9	8:52	4.5	1:24	1.1	2:36	0.7	7:05	4:51	