






























## Alcatraz Island, CA - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:38	5.8	3:24	4.4	7:48	-0.7	7:31	3.3	5:49	8:26	
2	Thu	1:13	5.7	4:08	4.4	8:25	-0.6	8:15	3.4	5:48	8:26	
3	Fri	1:51	5.5	4:52	4.4	9:04	-0.5	9:05	3.4	5:48	8:27	
4	Sat	2:33	5.2	5:36	4.4	9:47	-0.3	10:07	3.4	5:48	8:28	
5	Sun	3:21	4.9	6:19	4.5	10:33	-0.1	11:20	3.2	5:47	8:28	
6	Mon	4:17	4.5	6:58	4.7	11:20	0.1			5:47	8:29	
7	Tue	5:24	4.2	7:33	4.9	12:32	2.8	12:10	0.4	5:47	8:29	
8	Wed	6:44	3.9	8:07	5.3	1:35	2.3	12:59	0.8	5:47	8:30	
9	Thu	8:08	3.8	8:40	5.6	2:27	1.6	1:47	1.2	5:47	8:30	
10	Fri	9:28	3.9	9:14	6.0	3:15	0.8	2:35	1.6	5:47	8:31	
11	Sat	10:40	4.1	9:51	6.4	4:00	0.0	3:23	2.1	5:47	8:31	
12	Sun	11:44	4.4	10:31	6.7	4:46	-0.8	4:12	2.5	5:46	8:32	
13	Mon			12:44	4.6	5:32	-1.4	5:01	2.8	5:46	8:32	
14	Tue			1:39	4.8	6:20	-1.7	5:53	3.0	5:46	8:33	
15	Wed	12:03	7.0	2:33	4.9	7:10	-1.9	6:48	3.1	5:47	8:33	
16	Thu	12:53	6.9	3:25	5.0	8:00	-1.9	7:47	3.1	5:47	8:33	
17	Fri	1:47	6.6	4:16	5.0	8:52	-1.6	8:53	3.0	5:47	8:34	
18	Sat	2:44	6.1	5:07	5.1	9:45	-1.2	10:08	2.8	5:47	8:34	
19	Sun	3:46	5.5	5:57	5.3	10:38	-0.7	11:29	2.5	5:47	8:34	
20	Mon	4:54	4.9	6:45	5.5	11:31	-0.1			5:47	8:34	
21	Tue	6:13	4.3	7:30	5.7	12:48	2.0	12:25	0.5	5:47	8:35	
22	Wed	7:40	3.9	8:12	5.9	1:58	1.4	1:17	1.2	5:48	8:35	
23	Thu	9:06	3.8	8:50	6.0	2:58	0.8	2:09	1.8	5:48	8:35	
24	Fri	10:22	4.0	9:26	6.1	3:49	0.3	2:58	2.3	5:48	8:35	
25	Sat	11:26	4.2	10:00	6.1	4:33	-0.1	3:46	2.7	5:49	8:35	
26	Sun			12:19	4.4	5:12	-0.3	4:31	3.0	5:49	8:35	
27	Mon			1:06	4.5	5:48	-0.5	5:14	3.2	5:49	8:35	
28	Tue			1:47	4.6	6:23	-0.6	5:55	3.3	5:50	8:35	
29	Wed			2:25	4.6	6:56	-0.6	6:34	3.4	5:50	8:35	
30	Thu	12:19	6.0	3:00	4.6	7:30	-0.6	7:13	3.4	5:51	8:35	