

Alcatraz Island, CA - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:56	5.9	3:33	4.6	8:04	-0.6	7:54	3.3	5:51	8:35	☀
2	Sat	1:34	5.7	4:07	4.6	8:38	-0.5	8:39	3.2	5:51	8:35	☀
3	Sun	2:14	5.4	4:41	4.7	9:14	-0.3	9:32	3.1	5:52	8:35	☀
4	Mon	2:58	5.0	5:15	4.9	9:51	0.0	10:32	2.9	5:52	8:35	☀
5	Tue	3:50	4.6	5:50	5.1	10:31	0.4	11:40	2.5	5:53	8:35	☀
6	Wed	4:55	4.2	6:27	5.4	11:14	0.9			5:54	8:34	☀
7	Thu	6:19	3.8	7:05	5.7	12:47	1.9	12:03	1.4	5:54	8:34	☀
8	Fri	7:57	3.7	7:46	6.1	1:49	1.2	12:56	2.0	5:55	8:34	☀
9	Sat	9:28	3.9	8:30	6.4	2:45	0.5	1:54	2.5	5:55	8:34	☀
10	Sun	10:44	4.2	9:17	6.8	3:38	-0.3	2:52	2.9	5:56	8:33	☀
11	Mon	11:45	4.5	10:07	7.0	4:28	-0.9	3:50	3.1	5:57	8:33	☀
12	Tue			12:38	4.8	5:18	-1.4	4:47	3.1	5:57	8:32	☀
13	Wed			1:26	5.0	6:08	-1.7	5:43	3.0	5:58	8:32	☀
14	Thu			2:12	5.1	6:57	-1.7	6:40	2.9	5:59	8:31	☀
15	Fri	12:45	7.0	2:56	5.2	7:45	-1.6	7:39	2.7	5:59	8:31	☀
16	Sat	1:39	6.7	3:39	5.3	8:31	-1.2	8:41	2.5	6:00	8:30	☀
17	Sun	2:34	6.1	4:22	5.5	9:17	-0.7	9:48	2.3	6:01	8:30	☀
18	Mon	3:33	5.4	5:05	5.6	10:03	-0.1	10:59	2.0	6:02	8:29	☀
19	Tue	4:39	4.7	5:49	5.7	10:50	0.7			6:02	8:29	☀
20	Wed	5:59	4.1	6:33	5.8	12:13	1.7	11:40 AM	1.4	6:03	8:28	☀
21	Thu	7:33	3.8	7:17	5.9	1:24	1.2	12:35	2.1	6:04	8:27	☀
22	Fri	9:08	3.9	8:02	6.0	2:28	0.8	1:35	2.7	6:05	8:27	☀
23	Sat	10:24	4.1	8:45	6.0	3:23	0.4	2:35	3.0	6:05	8:26	☀
24	Sun	11:21	4.4	9:28	6.1	4:10	0.1	3:30	3.3	6:06	8:25	☀
25	Mon			12:07	4.6	4:51	-0.1	4:19	3.3	6:07	8:24	☀
26	Tue			12:46	4.7	5:28	-0.2	5:02	3.3	6:08	8:24	☀
27	Wed			1:19	4.7	6:03	-0.3	5:41	3.2	6:09	8:23	☀
28	Thu			1:50	4.8	6:36	-0.4	6:18	3.1	6:10	8:22	☀
29	Fri	12:06	6.1	2:18	4.8	7:07	-0.4	6:54	3.0	6:10	8:21	☀
30	Sat	12:43	6.0	2:46	4.9	7:37	-0.4	7:32	2.9	6:11	8:20	☀
31	Sun	1:21	5.8	3:14	5.0	8:07	-0.2	8:13	2.7	6:12	8:19	☀