



Alcatraz Island, CA - Dec 2022

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:47	5.5	6:17	4.5			12:46	2.1	7:06	4:50	🌓
2	Fri	7:30	5.8	7:40	4.3	12:28	0.6	1:50	1.3	7:07	4:50	🌓
3	Sat	8:09	6.0	8:55	4.4	1:20	1.1	2:43	0.6	7:08	4:50	🌓
4	Sun	8:44	6.2	10:01	4.5	2:08	1.6	3:29	0.1	7:09	4:50	🌒
5	Mon	9:17	6.4	10:59	4.6	2:53	2.1	4:10	-0.3	7:10	4:50	🌒
6	Tue	9:49	6.4	11:51	4.7	3:36	2.5	4:48	-0.6	7:11	4:50	🌒
7	Wed	10:21	6.3			4:18	2.9	5:24	-0.7	7:12	4:50	🌒
8	Thu	12:40	4.8	10:52 AM	6.2	4:59	3.2	5:59	-0.7	7:12	4:50	🌑
9	Fri	1:25	4.8	11:25 AM	6.1	5:40	3.4	6:34	-0.6	7:13	4:50	🌑
10	Sat	2:08	4.7	12:00	5.9	6:21	3.5	7:11	-0.5	7:14	4:50	🌑
11	Sun	2:50	4.7	12:38	5.7	7:05	3.5	7:49	-0.4	7:15	4:50	🌑
12	Mon	3:32	4.6	1:18	5.4	7:53	3.5	8:29	-0.1	7:15	4:51	🌑
13	Tue	4:13	4.6	2:04	5.0	8:51	3.5	9:12	0.1	7:16	4:51	🌑
14	Wed	4:54	4.7	2:57	4.6	10:01	3.3	9:57	0.4	7:17	4:51	🌑
15	Thu	5:33	4.8	4:02	4.2	11:15	3.0	10:45	0.8	7:18	4:51	🌑
16	Fri	6:09	5.0	5:22	3.9			12:20	2.4	7:18	4:52	🌓
17	Sat	6:44	5.3	6:50	3.8			1:14	1.8	7:19	4:52	🌓
18	Sun	7:18	5.7	8:13	3.9	12:24	1.6	2:01	1.0	7:19	4:52	🌓
19	Mon	7:52	6.0	9:26	4.1	1:13	2.0	2:45	0.3	7:20	4:53	🌓
20	Tue	8:29	6.4	10:28	4.4	2:02	2.4	3:28	-0.4	7:21	4:53	🌓
21	Wed	9:09	6.7	11:24	4.7	2:51	2.7	4:12	-1.0	7:21	4:54	🌓
22	Thu	9:52	7.0			3:40	3.0	4:57	-1.5	7:22	4:54	🌓
23	Fri	12:16	4.9	10:38 AM	7.1	4:30	3.1	5:44	-1.7	7:22	4:55	🌑
24	Sat	1:06	5.0	11:28 AM	7.1	5:21	3.1	6:33	-1.8	7:22	4:55	🌑
25	Sun	1:54	5.1	12:20	6.9	6:17	3.1	7:22	-1.6	7:23	4:56	🌑
26	Mon	2:42	5.1	1:15	6.5	7:17	3.0	8:12	-1.2	7:23	4:57	🌓
27	Tue	3:30	5.2	2:14	5.9	8:26	2.8	9:03	-0.7	7:24	4:57	🌓
28	Wed	4:19	5.3	3:20	5.2	9:44	2.5	9:55	0.0	7:24	4:58	🌓
29	Thu	5:07	5.5	4:38	4.5	11:06	2.1	10:49	0.7	7:24	4:59	🌓
30	Fri	5:54	5.7	6:09	4.0			12:24	1.5	7:24	4:59	🌓

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	6:40	5.9	7:43	3.9			1:31	0.9	7:25	5:00	