






























## Alcatraz Island, CA - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:12	5.9	10:54	4.7	2:20	3.3	3:38	-0.2	7:13	5:32	
2	Thu	8:58	6.0	11:31	4.8	3:13	3.3	4:17	-0.3	7:12	5:34	
3	Fri	9:41	6.0			3:57	3.1	4:52	-0.4	7:11	5:35	
4	Sat	12:03	4.8	10:20 AM	6.0	4:36	3.0	5:24	-0.5	7:10	5:36	
5	Sun	12:31	4.8	10:58 AM	5.9	5:12	2.8	5:53	-0.4	7:09	5:37	
6	Mon	12:56	4.8	11:34 AM	5.8	5:46	2.6	6:21	-0.3	7:08	5:38	
7	Tue	1:20	4.8	12:10	5.6	6:21	2.4	6:48	-0.1	7:07	5:39	
8	Wed	1:45	4.9	12:48	5.3	6:58	2.2	7:15	0.2	7:06	5:40	
9	Thu	2:10	5.1	1:29	4.9	7:39	2.0	7:43	0.6	7:05	5:41	
10	Fri	2:37	5.2	2:17	4.4	8:25	1.8	8:14	1.2	7:04	5:42	
11	Sat	3:06	5.3	3:20	4.0	9:19	1.5	8:49	1.8	7:03	5:44	
12	Sun	3:41	5.5	4:48	3.6	10:23	1.2	9:32	2.4	7:02	5:45	
13	Mon	4:25	5.6	6:46	3.6	11:35	0.8	10:33	3.0	7:01	5:46	
14	Tue	5:19	5.8	8:29	3.9			12:47	0.3	7:00	5:47	
15	Wed	6:22	6.0	9:32	4.2			1:53	-0.3	6:59	5:48	
16	Thu	7:28	6.3	10:17	4.6	1:20	3.4	2:50	-0.8	6:57	5:49	
17	Fri	8:31	6.5	10:56	4.8	2:27	3.2	3:41	-1.2	6:56	5:50	
18	Sat	9:29	6.8	11:32	5.1	3:25	2.8	4:28	-1.4	6:55	5:51	
19	Sun	10:24	6.8			4:19	2.3	5:12	-1.4	6:54	5:52	
20	Mon	12:08	5.3	11:18 AM	6.7	5:10	1.9	5:53	-1.2	6:52	5:53	
21	Tue	12:43	5.5	12:11	6.3	6:02	1.4	6:33	-0.7	6:51	5:54	
22	Wed	1:18	5.7	1:05	5.8	6:55	1.1	7:12	-0.1	6:50	5:55	
23	Thu	1:53	5.8	2:02	5.1	7:49	0.8	7:51	0.7	6:49	5:56	
24	Fri	2:29	5.9	3:06	4.5	8:47	0.7	8:33	1.5	6:47	5:57	
25	Sat	3:08	5.8	4:24	4.0	9:50	0.6	9:21	2.3	6:46	5:58	
26	Sun	3:50	5.7	6:05	3.8	11:00	0.6	10:23	2.9	6:45	5:59	
27	Mon	4:41	5.5	7:48	4.0			12:14	0.5	6:43	6:01	
28	Tue	5:41	5.4	8:59	4.3			1:24	0.4	6:42	6:02	