
































Alcatraz Island, CA - Feb 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 3:47 | 5.2 | 4:10 | 3.6 | 10:21 | 1.8 | 9:24 | 2.2 | 7:13 | 5:32 |  |
| 2 | Fri | 4:24 | 5.4 | 5:58 | 3.4 | 11:29 | 1.4 | 10:10 | 2.8 | 7:12 | 5:33 |  |
| 3 | Sat | 5:08 | 5.5 | 8:02 | 3.5 | | | 12:36 | 1.0 | 7:11 | 5:34 |  |
| 4 | Sun | 6:01 | 5.7 | 9:21 | 3.9 | | | 1:37 | 0.4 | 7:11 | 5:36 |  |
| 5 | Mon | 6:59 | 5.9 | 10:08 | 4.3 | 12:42 | 3.5 | 2:31 | -0.1 | 7:10 | 5:37 |  |
| 6 | Tue | 7:56 | 6.2 | 10:46 | 4.5 | 1:53 | 3.5 | 3:19 | -0.7 | 7:09 | 5:38 |  |
| 7 | Wed | 8:52 | 6.5 | 11:21 | 4.8 | 2:50 | 3.3 | 4:04 | -1.1 | 7:08 | 5:39 |  |
| 8 | Thu | 9:45 | 6.8 | 11:55 | 5.0 | 3:42 | 3.0 | 4:47 | -1.4 | 7:07 | 5:40 |  |
| 9 | Fri | 10:37 | 6.9 | | | 4:31 | 2.6 | 5:29 | -1.5 | 7:06 | 5:41 |  |
| 10 | Sat | 12:28 | 5.2 | 11:28 AM | 6.7 | 5:21 | 2.1 | 6:09 | -1.3 | 7:05 | 5:42 |  |
| 11 | Sun | 1:02 | 5.4 | 12:21 | 6.4 | 6:13 | 1.7 | 6:49 | -0.8 | 7:03 | 5:43 |  |
| 12 | Mon | 1:37 | 5.7 | 1:16 | 5.8 | 7:08 | 1.3 | 7:28 | -0.2 | 7:02 | 5:44 |  |
| 13 | Tue | 2:13 | 5.9 | 2:16 | 5.2 | 8:06 | 1.0 | 8:09 | 0.6 | 7:01 | 5:46 |  |
| 14 | Wed | 2:52 | 6.0 | 3:26 | 4.5 | 9:10 | 0.8 | 8:52 | 1.4 | 7:00 | 5:47 |  |
| 15 | Thu | 3:34 | 6.1 | 4:54 | 4.0 | 10:21 | 0.6 | 9:43 | 2.2 | 6:59 | 5:48 |  |
| 16 | Fri | 4:22 | 6.0 | 6:41 | 3.9 | 11:38 | 0.4 | 10:51 | 2.9 | 6:58 | 5:49 |  |
| 17 | Sat | 5:19 | 5.9 | 8:18 | 4.1 | | | 12:54 | 0.2 | 6:56 | 5:50 |  |
| 18 | Sun | 6:23 | 5.8 | 9:24 | 4.5 | 12:16 | 3.3 | 2:01 | -0.1 | 6:55 | 5:51 |  |
| 19 | Mon | 7:27 | 5.8 | 10:11 | 4.7 | 1:37 | 3.3 | 2:57 | -0.2 | 6:54 | 5:52 |  |
| 20 | Tue | 8:25 | 5.8 | 10:50 | 4.8 | 2:40 | 3.1 | 3:43 | -0.4 | 6:53 | 5:53 |  |
| 21 | Wed | 9:16 | 5.9 | 11:24 | 4.9 | 3:31 | 2.9 | 4:22 | -0.4 | 6:51 | 5:54 |  |
| 22 | Thu | 10:00 | 5.8 | 11:52 | 4.9 | 4:13 | 2.6 | 4:55 | -0.4 | 6:50 | 5:55 |  |
| 23 | Fri | 10:40 | 5.7 | | | 4:51 | 2.4 | 5:25 | -0.3 | 6:49 | 5:56 |  |
| 24 | Sat | 12:18 | 4.9 | 11:18 AM | 5.6 | 5:26 | 2.1 | 5:52 | -0.1 | 6:48 | 5:57 |  |
| 25 | Sun | 12:40 | 5.0 | 11:55 AM | 5.3 | 6:01 | 1.9 | 6:17 | 0.2 | 6:46 | 5:58 |  |
| 26 | Mon | 1:01 | 5.0 | 12:33 | 5.0 | 6:35 | 1.6 | 6:42 | 0.6 | 6:45 | 5:59 |  |
| 27 | Tue | 1:22 | 5.2 | 1:13 | 4.7 | 7:11 | 1.4 | 7:07 | 1.1 | 6:43 | 6:00 |  |
| 28 | Wed | 1:45 | 5.3 | 1:57 | 4.3 | 7:50 | 1.2 | 7:33 | 1.6 | 6:42 | 6:01 |  |
| 29 | Thu | 2:10 | 5.3 | 2:52 | 3.9 | 8:34 | 1.1 | 8:02 | 2.1 | 6:41 | 6:02 |  |