
































## Alcatraz Island, CA - Apr 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:29	5.2	8:19	3.9			12:03	0.0	6:53	7:33	
2	Tue	5:43	5.2	9:10	4.2			1:16	-0.2	6:51	7:34	
3	Wed	7:04	5.2	9:47	4.5	1:28	3.3	2:20	-0.4	6:50	7:34	
4	Thu	8:20	5.3	10:20	4.8	2:37	2.7	3:13	-0.5	6:48	7:35	
5	Fri	9:27	5.5	10:51	5.2	3:33	2.0	3:59	-0.5	6:47	7:36	
6	Sat	10:29	5.6	11:23	5.6	4:23	1.2	4:42	-0.3	6:45	7:37	
7	Sun	11:29	5.5	11:55	5.9	5:12	0.5	5:23	0.1	6:44	7:38	
8	Mon			12:27	5.4	6:00	-0.2	6:03	0.6	6:43	7:39	
9	Tue	12:28	6.2	1:26	5.2	6:48	-0.7	6:43	1.2	6:41	7:40	
10	Wed	1:03	6.4	2:26	4.9	7:37	-1.0	7:26	1.8	6:40	7:41	
11	Thu	1:40	6.4	3:30	4.6	8:27	-1.0	8:12	2.4	6:38	7:42	
12	Fri	2:20	6.2	4:39	4.4	9:20	-0.9	9:05	2.9	6:37	7:43	
13	Sat	3:05	5.8	5:57	4.3	10:19	-0.6	10:14	3.2	6:35	7:44	
14	Sun	3:58	5.4	7:17	4.3	11:25	-0.3	11:45	3.3	6:34	7:45	
15	Mon	5:03	5.0	8:23	4.5			12:36	0.0	6:33	7:45	
16	Tue	6:19	4.7	9:12	4.6	1:12	3.1	1:42	0.1	6:31	7:46	
17	Wed	7:35	4.5	9:49	4.7	2:21	2.7	2:37	0.2	6:30	7:47	
18	Thu	8:43	4.5	10:19	4.9	3:14	2.2	3:22	0.4	6:28	7:48	
19	Fri	9:41	4.5	10:44	5.0	3:59	1.7	3:59	0.5	6:27	7:49	
20	Sat	10:33	4.4	11:06	5.1	4:38	1.2	4:31	0.8	6:26	7:50	
21	Sun	11:20	4.4	11:27	5.3	5:13	0.8	5:00	1.1	6:24	7:51	
22	Mon			12:06	4.4	5:45	0.4	5:28	1.5	6:23	7:52	
23	Tue			12:52	4.4	6:17	0.1	5:56	1.9	6:22	7:53	
24	Wed	12:12	5.6	1:38	4.3	6:48	-0.2	6:26	2.3	6:21	7:54	
25	Thu	12:37	5.7	2:26	4.3	7:22	-0.5	6:57	2.6	6:19	7:55	
26	Fri	1:06	5.7	3:18	4.2	7:59	-0.6	7:31	2.9	6:18	7:56	
27	Sat	1:39	5.7	4:16	4.1	8:42	-0.6	8:12	3.2	6:17	7:57	
28	Sun	2:18	5.6	5:22	4.0	9:32	-0.6	9:04	3.4	6:16	7:57	
29	Mon	3:07	5.4	6:30	4.1	10:29	-0.6	10:20	3.5	6:14	7:58	
30	Tue	4:08	5.2	7:30	4.3	11:33	-0.5	11:57	3.3	6:13	7:59	