



## Alcatraz Island, CA - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:35	5.6	12:30	5.7	6:14	0.8	6:31	0.1	6:40	6:03	☀
2	Sun	1:07	5.9	1:27	5.3	7:04	0.4	7:08	0.7	6:38	6:04	☀
3	Mon	1:41	6.1	2:30	4.7	7:59	0.1	7:48	1.5	6:37	6:05	☀
4	Tue	2:20	6.2	3:46	4.2	8:59	0.0	8:34	2.2	6:35	6:06	☀
5	Wed	3:05	6.2	5:20	4.0	10:09	0.0	9:32	2.9	6:34	6:07	☀
6	Thu	4:00	6.0	7:03	4.0	11:27	0.0	10:57	3.3	6:33	6:08	☀
7	Fri	5:07	5.8	8:22	4.3			12:47	-0.1	6:31	6:09	☀
8	Sat	6:22	5.7	9:15	4.6	12:33	3.3	1:55	-0.3	6:30	6:10	☀
9	Sun	8:34	5.7	10:57	4.9	1:51	3.0	3:51	-0.4	7:28	7:11	☀
10	Mon	9:36	5.7	11:33	5.0	3:50	2.6	4:36	-0.4	7:27	7:12	☀
11	Tue	10:30	5.6			4:39	2.2	5:14	-0.3	7:25	7:13	☀
12	Wed	12:04	5.1	11:17 AM	5.5	5:22	1.8	5:46	-0.1	7:24	7:14	☀
13	Thu	12:32	5.2	12:00	5.4	6:01	1.5	6:16	0.2	7:22	7:15	☀
14	Fri	12:56	5.2	12:42	5.1	6:37	1.2	6:44	0.5	7:21	7:16	☀
15	Sat	1:18	5.3	1:23	4.8	7:12	0.9	7:10	1.0	7:19	7:17	☀
16	Sun	1:39	5.4	2:05	4.6	7:47	0.7	7:37	1.5	7:18	7:18	☀
17	Mon	2:00	5.4	2:51	4.3	8:22	0.6	8:04	2.0	7:16	7:19	☀
18	Tue	2:25	5.4	3:43	4.0	9:01	0.5	8:32	2.5	7:15	7:19	☀
19	Wed	2:53	5.4	4:49	3.7	9:46	0.5	9:03	2.9	7:13	7:20	☀
20	Thu	3:29	5.3	6:21	3.6	10:41	0.6	9:46	3.3	7:12	7:21	☀
21	Fri	4:16	5.1	8:14	3.7	11:48	0.6	11:09	3.5	7:10	7:22	☀
22	Sat	5:19	5.0	9:18	3.9			1:02	0.4	7:09	7:23	☀
23	Sun	6:33	5.0	9:53	4.2	1:01	3.5	2:07	0.1	7:07	7:24	☀
24	Mon	7:46	5.2	10:21	4.4	2:16	3.2	3:01	-0.2	7:05	7:25	☀
25	Tue	8:52	5.4	10:49	4.7	3:10	2.7	3:46	-0.4	7:04	7:26	☀
26	Wed	9:51	5.5	11:16	5.0	3:56	2.1	4:26	-0.5	7:02	7:27	☀
27	Thu	10:47	5.6	11:44	5.4	4:41	1.4	5:04	-0.3	7:01	7:28	☀
28	Fri	11:42	5.6			5:26	0.7	5:42	0.0	6:59	7:29	☀
29	Sat	12:14	5.8	12:38	5.5	6:12	0.0	6:20	0.5	6:58	7:30	☀
30	Sun	12:46	6.1	1:35	5.2	6:59	-0.5	6:59	1.1	6:56	7:31	☀
31	Mon	1:20	6.3	2:36	4.9	7:49	-0.8	7:40	1.7	6:55	7:31	☀