

Alcatraz Island, CA - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:14	6.3	4:56	4.6	9:24	-1.3	9:17	3.1	6:12	8:00	
2	Fri	3:08	5.9	6:05	4.5	10:25	-0.9	10:38	3.2	6:11	8:01	
3	Sat	4:10	5.4	7:09	4.6	11:30	-0.5			6:10	8:02	
4	Sun	5:22	4.9	8:04	4.8	12:07	3.0	12:35	-0.2	6:09	8:03	
5	Mon	6:41	4.5	8:48	5.0	1:27	2.6	1:34	0.1	6:08	8:04	
6	Tue	7:59	4.2	9:25	5.1	2:32	2.0	2:25	0.4	6:07	8:05	
7	Wed	9:10	4.1	9:56	5.3	3:25	1.4	3:08	0.8	6:06	8:05	
8	Thu	10:13	4.1	10:22	5.4	4:10	0.9	3:46	1.2	6:05	8:06	
9	Fri	11:09	4.1	10:46	5.6	4:49	0.4	4:21	1.6	6:04	8:07	
10	Sat			12:00	4.2	5:24	0.0	4:54	2.1	6:03	8:08	
11	Sun			12:48	4.2	5:57	-0.3	5:26	2.4	6:02	8:09	
12	Mon			1:34	4.2	6:28	-0.5	5:59	2.8	6:01	8:10	
13	Tue	12:01	5.8	2:19	4.3	7:01	-0.6	6:32	3.0	6:00	8:11	
14	Wed	12:31	5.7	3:04	4.2	7:35	-0.7	7:07	3.2	5:59	8:12	
15	Thu	1:04	5.7	3:51	4.2	8:12	-0.7	7:46	3.3	5:59	8:13	
16	Fri	1:42	5.5	4:41	4.2	8:54	-0.7	8:32	3.4	5:58	8:13	
17	Sat	2:24	5.4	5:32	4.2	9:41	-0.6	9:33	3.4	5:57	8:14	
18	Sun	3:14	5.1	6:22	4.3	10:32	-0.5	10:51	3.3	5:56	8:15	
19	Mon	4:14	4.8	7:05	4.5	11:26	-0.3			5:55	8:16	
20	Tue	5:27	4.5	7:44	4.8	12:15	2.9	12:20	-0.1	5:55	8:17	
21	Wed	6:49	4.3	8:19	5.2	1:27	2.3	1:13	0.3	5:54	8:18	
22	Thu	8:14	4.2	8:54	5.7	2:26	1.5	2:04	0.7	5:53	8:18	
23	Fri	9:33	4.2	9:29	6.1	3:19	0.6	2:52	1.2	5:53	8:19	
24	Sat	10:46	4.4	10:06	6.5	4:09	-0.3	3:40	1.7	5:52	8:20	
25	Sun	11:52	4.5	10:46	6.8	4:57	-1.0	4:28	2.2	5:52	8:21	
26	Mon			12:54	4.7	5:45	-1.6	5:18	2.6	5:51	8:22	
27	Tue			1:52	4.8	6:34	-1.8	6:09	2.8	5:51	8:22	
28	Wed	12:16	6.9	2:48	4.8	7:24	-1.9	7:04	3.0	5:50	8:23	
29	Thu	1:04	6.7	3:42	4.8	8:15	-1.7	8:04	3.1	5:50	8:24	
30	Fri	1:56	6.3	4:37	4.8	9:06	-1.4	9:10	3.1	5:49	8:24	
31	Sat	2:50	5.8	5:30	4.8	9:59	-0.9	10:25	3.0	5:49	8:25	