









Alcatraz Island, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:22	4.4	6:02	5.3	10:51	0.6			5:51	8:35	
2	Wed	5:33	3.9	6:39	5.4	12:15	2.1	11:35 AM	1.2	5:52	8:35	
3	Thu	7:02	3.5	7:16	5.5	1:21	1.6	12:22	1.9	5:52	8:35	
4	Fri	8:43	3.5	7:53	5.7	2:20	1.2	1:14	2.5	5:53	8:35	
5	Sat	10:10	3.7	8:31	5.8	3:11	0.7	2:09	2.9	5:53	8:35	
6	Sun	11:13	4.0	9:10	5.9	3:56	0.3	3:02	3.2	5:54	8:34	
7	Mon			12:01	4.2	4:36	-0.1	3:51	3.4	5:54	8:34	
8	Tue			12:41	4.4	5:14	-0.3	4:36	3.5	5:55	8:34	
9	Wed			1:16	4.5	5:51	-0.6	5:17	3.4	5:56	8:33	
10	Thu			1:49	4.6	6:26	-0.8	5:57	3.4	5:56	8:33	
11	Fri			2:21	4.7	7:01	-0.9	6:38	3.2	5:57	8:33	
12	Sat	12:35	6.3	2:53	4.8	7:36	-1.0	7:22	3.0	5:58	8:32	
13	Sun	1:17	6.1	3:25	5.0	8:12	-0.9	8:11	2.8	5:58	8:32	
14	Mon	2:03	5.8	3:58	5.2	8:48	-0.6	9:07	2.5	5:59	8:31	
15	Tue	2:54	5.3	4:32	5.4	9:26	-0.1	10:10	2.2	6:00	8:31	
16	Wed	3:55	4.7	5:09	5.7	10:07	0.5	11:20	1.7	6:00	8:30	
17	Thu	5:11	4.2	5:50	6.0	10:52	1.3			6:01	8:30	
18	Fri	6:46	3.8	6:35	6.3	12:33	1.1	11:44 AM	2.0	6:02	8:29	
19	Sat	8:31	3.8	7:26	6.5	1:44	0.5	12:45	2.6	6:03	8:29	
20	Sun	10:00	4.1	8:21	6.7	2:48	-0.1	1:53	3.1	6:03	8:28	
21	Mon	11:06	4.4	9:16	6.9	3:46	-0.6	3:01	3.3	6:04	8:27	
22	Tue	11:58	4.7	10:11	6.9	4:39	-1.0	4:04	3.2	6:05	8:26	
23	Wed			12:43	4.9	5:28	-1.2	5:01	3.1	6:06	8:26	
24	Thu			1:25	5.1	6:13	-1.2	5:54	2.9	6:07	8:25	
25	Fri			2:03	5.1	6:55	-1.1	6:46	2.7	6:07	8:24	
26	Sat	12:42	6.5	2:39	5.2	7:35	-0.8	7:36	2.5	6:08	8:23	
27	Sun	1:28	6.0	3:13	5.3	8:12	-0.4	8:27	2.3	6:09	8:22	
28	Mon	2:14	5.5	3:46	5.3	8:47	0.1	9:20	2.2	6:10	8:22	
29	Tue	3:03	4.9	4:17	5.4	9:21	0.7	10:17	2.0	6:11	8:21	
30	Wed	3:58	4.4	4:50	5.4	9:57	1.4	11:19	1.8	6:11	8:20	
31	Thu	5:06	3.9	5:25	5.5	10:35	2.0			6:12	8:19	