





















Alcatraz Island, CA - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:42	4.1	7:01	5.4	1:40	0.9	1:22	3.7	6:40	7:38	
2	Tue	10:23	4.4	8:04	5.6	2:40	0.6	2:30	3.6	6:41	7:37	
3	Wed	10:53	4.5	9:01	5.8	3:29	0.3	3:20	3.3	6:41	7:35	
4	Thu	11:20	4.7	9:52	6.0	4:11	0.0	4:02	2.9	6:42	7:34	
5	Fri	11:46	4.9	10:40	6.2	4:48	-0.3	4:42	2.5	6:43	7:32	
6	Sat			12:12	5.1	5:22	-0.3	5:22	2.0	6:44	7:31	
7	Sun			12:40	5.4	5:56	-0.2	6:05	1.5	6:45	7:29	
8	Mon	12:17	6.1	1:08	5.7	6:30	0.1	6:49	1.0	6:46	7:28	
9	Tue	1:09	5.8	1:39	6.0	7:05	0.5	7:37	0.6	6:46	7:26	
10	Wed	2:04	5.4	2:12	6.2	7:42	1.1	8:29	0.3	6:47	7:25	
11	Thu	3:06	5.0	2:49	6.4	8:21	1.8	9:26	0.1	6:48	7:23	
12	Fri	4:18	4.6	3:33	6.4	9:06	2.5	10:31	0.1	6:49	7:21	
13	Sat	5:44	4.3	4:27	6.3	10:02	3.1	11:46	0.1	6:50	7:20	
14	Sun	7:21	4.3	5:33	6.1	11:21	3.4			6:51	7:18	
15	Mon	8:42	4.5	6:48	6.0	1:06	0.0	12:56	3.5	6:52	7:17	
16	Tue	9:40	4.8	8:02	5.9	2:18	-0.1	2:17	3.2	6:52	7:15	
17	Wed	10:24	5.0	9:08	5.9	3:17	-0.2	3:20	2.8	6:53	7:14	
18	Thu	11:02	5.2	10:05	5.9	4:05	-0.2	4:11	2.3	6:54	7:12	
19	Fri	11:35	5.4	10:56	5.8	4:46	-0.1	4:57	1.9	6:55	7:11	
20	Sat			12:04	5.5	5:21	0.2	5:39	1.5	6:56	7:09	
21	Sun			12:31	5.5	5:53	0.5	6:17	1.2	6:57	7:07	
22	Mon	12:29	5.4	12:55	5.6	6:23	0.9	6:54	0.9	6:57	7:06	
23	Tue	1:13	5.1	1:18	5.6	6:53	1.4	7:30	0.7	6:58	7:04	
24	Wed	1:59	4.8	1:40	5.6	7:22	2.0	8:07	0.6	6:59	7:03	
25	Thu	2:47	4.5	2:05	5.6	7:51	2.5	8:46	0.6	7:00	7:01	
26	Fri	3:42	4.3	2:35	5.5	8:23	2.9	9:31	0.7	7:01	7:00	
27	Sat	4:49	4.1	3:12	5.4	8:59	3.3	10:25	0.8	7:02	6:58	
28	Sun	6:17	4.0	4:01	5.2	9:51	3.6	11:31	0.8	7:03	6:57	
29	Mon	7:54	4.1	5:05	5.1	11:26	3.8			7:04	6:55	
30	Tue	8:54	4.3	6:18	5.1	12:43	0.7	1:06	3.7	7:04	6:53	