
































Alcatraz Island, CA - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:24	5.3	9:15	4.8	2:29	0.5	3:20	1.6	7:35	6:10	
2	Sun	8:53	5.7	9:19	4.9	2:12	0.7	3:04	0.7	6:36	5:09	
3	Mon	9:23	6.2	10:21	5.0	2:54	1.1	3:47	-0.1	6:37	5:08	
4	Tue	9:56	6.6	11:21	5.1	3:35	1.6	4:32	-0.8	6:38	5:07	
5	Wed	10:32	6.9			4:17	2.0	5:19	-1.3	6:39	5:06	
6	Thu	12:21	5.1	11:12 AM	7.0	5:01	2.5	6:08	-1.5	6:40	5:05	
7	Fri	1:21	5.0	11:56 AM	7.0	5:49	2.9	6:59	-1.5	6:42	5:04	
8	Sat	2:23	4.9	12:45	6.7	6:42	3.2	7:54	-1.3	6:43	5:03	
9	Sun	3:26	4.9	1:40	6.3	7:44	3.4	8:54	-0.9	6:44	5:02	
10	Mon	4:31	4.8	2:42	5.8	9:01	3.4	9:57	-0.5	6:45	5:02	
11	Tue	5:34	4.9	3:53	5.3	10:31	3.2	11:02	-0.1	6:46	5:01	
12	Wed	6:30	5.1	5:12	4.8	11:56	2.8			6:47	5:00	
13	Thu	7:17	5.3	6:33	4.5	12:03	0.3	1:06	2.2	6:48	4:59	
14	Fri	7:56	5.5	7:49	4.4	12:56	0.7	2:03	1.6	6:49	4:58	
15	Sat	8:30	5.7	8:57	4.3	1:43	1.1	2:51	1.0	6:50	4:58	
16	Sun	8:59	5.8	9:57	4.4	2:24	1.5	3:32	0.5	6:51	4:57	
17	Mon	9:26	5.9	10:51	4.4	3:02	2.0	4:09	0.1	6:52	4:56	
18	Tue	9:51	6.0	11:40	4.5	3:38	2.4	4:43	-0.2	6:53	4:56	
19	Wed	10:17	6.0			4:12	2.8	5:15	-0.3	6:54	4:55	
20	Thu	12:26	4.5	10:44 AM	6.0	4:47	3.1	5:47	-0.4	6:55	4:54	
21	Fri	1:10	4.5	11:14 AM	6.0	5:21	3.3	6:21	-0.5	6:56	4:54	
22	Sat	1:53	4.5	11:48 AM	5.9	5:57	3.5	6:57	-0.4	6:57	4:53	
23	Sun	2:37	4.5	12:25	5.7	6:35	3.6	7:36	-0.4	6:58	4:53	
24	Mon	3:22	4.4	1:06	5.5	7:20	3.6	8:20	-0.3	7:00	4:53	
25	Tue	4:09	4.4	1:52	5.2	8:16	3.6	9:07	-0.1	7:01	4:52	
26	Wed	4:56	4.5	2:48	4.9	9:30	3.5	9:57	0.1	7:02	4:52	
27	Thu	5:38	4.7	3:57	4.6	10:53	3.2	10:50	0.3	7:03	4:51	
28	Fri	6:16	5.0	5:19	4.3			12:06	2.6	7:04	4:51	
29	Sat	6:51	5.4	6:46	4.1			1:05	1.8	7:04	4:51	
30	Sun	7:25	5.8	8:09	4.2	12:33	1.1	1:57	0.9	7:05	4:51	