



































Alcatraz Island, CA - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:01	6.2	9:23	4.4	1:23	1.6	2:46	0.0	7:06	4:50	
2	Tue	8:38	6.7	10:29	4.7	2:12	2.1	3:33	-0.8	7:07	4:50	
3	Wed	9:18	7.0	11:30	4.9	3:01	2.5	4:20	-1.4	7:08	4:50	
4	Thu	10:02	7.2			3:51	2.8	5:08	-1.7	7:09	4:50	
5	Fri	12:26	5.0	10:49 AM	7.2	4:42	3.0	5:58	-1.8	7:10	4:50	
6	Sat	1:20	5.0	11:39 AM	7.1	5:36	3.2	6:48	-1.7	7:11	4:50	
7	Sun	2:13	5.1	12:31	6.7	6:33	3.2	7:39	-1.4	7:12	4:50	
8	Mon	3:04	5.1	1:25	6.2	7:37	3.2	8:30	-1.0	7:13	4:50	
9	Tue	3:56	5.1	2:23	5.6	8:48	3.0	9:22	-0.5	7:13	4:50	
10	Wed	4:47	5.2	3:27	4.9	10:08	2.8	10:15	0.1	7:14	4:50	
11	Thu	5:35	5.3	4:43	4.3	11:27	2.4	11:08	0.7	7:15	4:50	
12	Fri	6:19	5.4	6:09	3.9			12:38	1.8	7:16	4:51	
13	Sat	6:59	5.6	7:40	3.8	12:00	1.3	1:39	1.3	7:16	4:51	
14	Sun	7:35	5.8	9:00	3.9	12:51	1.9	2:29	0.7	7:17	4:51	
15	Mon	8:08	5.9	10:05	4.1	1:40	2.4	3:12	0.3	7:18	4:51	
16	Tue	8:40	6.0	10:59	4.3	2:26	2.8	3:50	-0.1	7:18	4:52	
17	Wed	9:12	6.1	11:44	4.5	3:10	3.1	4:25	-0.3	7:19	4:52	
18	Thu	9:45	6.1			3:52	3.3	4:59	-0.5	7:20	4:52	
19	Fri	12:24	4.6	10:20 AM	6.1	4:30	3.4	5:33	-0.6	7:20	4:53	
20	Sat	1:01	4.6	10:56 AM	6.1	5:08	3.5	6:06	-0.7	7:21	4:53	
21	Sun	1:36	4.6	11:34 AM	6.0	5:45	3.5	6:41	-0.7	7:21	4:54	
22	Mon	2:10	4.6	12:12	5.9	6:23	3.4	7:16	-0.7	7:22	4:54	
23	Tue	2:45	4.7	12:52	5.7	7:07	3.3	7:53	-0.6	7:22	4:55	
24	Wed	3:20	4.8	1:36	5.3	7:59	3.2	8:32	-0.3	7:23	4:55	
25	Thu	3:56	4.9	2:29	4.9	9:00	3.0	9:13	0.1	7:23	4:56	
26	Fri	4:32	5.1	3:35	4.4	10:11	2.6	9:58	0.6	7:23	4:57	
27	Sat	5:10	5.4	5:01	3.9	11:25	2.0	10:47	1.3	7:24	4:57	
28	Sun	5:49	5.8	6:42	3.7			12:34	1.2	7:24	4:58	
29	Mon	6:31	6.2	8:18	3.9			1:35	0.4	7:24	4:59	
30	Tue	7:17	6.5	9:36	4.2	12:42	2.5	2:30	-0.4	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	8:05	6.9	10:40	4.6	1:42	2.9	3:22	-1.0	7:25	5:00	