
































Alcatraz Island, CA - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:11	4.7	3:06	6.0	8:32	1.8	9:37	0.7	6:40	7:39	
2	Wed	4:20	4.3	3:46	6.1	9:12	2.4	10:41	0.5	6:40	7:37	
3	Thu	5:48	4.0	4:37	6.1	10:03	3.0	11:55	0.4	6:41	7:36	
4	Fri	7:31	4.0	5:41	6.1	11:15	3.4			6:42	7:34	
5	Sat	8:56	4.3	6:55	6.2	1:14	0.1	12:47	3.5	6:43	7:33	
6	Sun	9:52	4.6	8:07	6.3	2:25	-0.1	2:10	3.3	6:44	7:31	
7	Mon	10:36	4.9	9:14	6.4	3:24	-0.4	3:16	2.9	6:45	7:30	
8	Tue	11:13	5.2	10:13	6.4	4:14	-0.5	4:12	2.3	6:45	7:28	
9	Wed	11:48	5.4	11:08	6.3	4:57	-0.5	5:03	1.8	6:46	7:26	
10	Thu			12:21	5.6	5:36	-0.2	5:50	1.4	6:47	7:25	
11	Fri	12:00	6.1	12:52	5.8	6:13	0.1	6:36	1.0	6:48	7:23	
12	Sat	12:51	5.7	1:23	5.9	6:48	0.6	7:21	0.7	6:49	7:22	
13	Sun	1:42	5.3	1:52	5.9	7:23	1.2	8:06	0.6	6:50	7:20	
14	Mon	2:35	4.9	2:22	5.9	7:58	1.9	8:52	0.6	6:50	7:19	
15	Tue	3:33	4.5	2:54	5.8	8:35	2.5	9:41	0.6	6:51	7:17	
16	Wed	4:40	4.2	3:30	5.6	9:17	3.0	10:37	0.8	6:52	7:16	
17	Thu	6:06	4.1	4:16	5.4	10:13	3.4	11:44	0.9	6:53	7:14	
18	Fri	7:46	4.1	5:15	5.2	11:39	3.7			6:54	7:13	
19	Sat	8:58	4.3	6:25	5.1	12:56	0.9	1:10	3.6	6:55	7:11	
20	Sun	9:42	4.5	7:34	5.2	2:01	0.7	2:16	3.4	6:56	7:09	
21	Mon	10:14	4.6	8:34	5.3	2:54	0.5	3:06	3.0	6:56	7:08	
22	Tue	10:40	4.8	9:27	5.4	3:36	0.4	3:47	2.6	6:57	7:06	
23	Wed	11:03	4.9	10:15	5.5	4:12	0.3	4:24	2.2	6:58	7:05	
24	Thu	11:26	5.2	11:02	5.5	4:44	0.3	5:00	1.7	6:59	7:03	
25	Fri	11:49	5.4	11:48	5.5	5:14	0.5	5:35	1.2	7:00	7:02	
26	Sat			12:14	5.7	5:44	0.8	6:12	0.8	7:01	7:00	
27	Sun	12:36	5.4	12:41	6.0	6:16	1.2	6:52	0.3	7:02	6:58	
28	Mon	1:27	5.2	1:11	6.2	6:49	1.6	7:36	0.0	7:02	6:57	
29	Tue	2:23	4.9	1:44	6.3	7:26	2.2	8:24	-0.2	7:03	6:55	
30	Wed	3:25	4.7	2:24	6.3	8:06	2.7	9:18	-0.3	7:04	6:54	