



































## Alcatraz Island, CA - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:59	5.4	5:21	4.5	11:55	2.2	11:39	0.6	7:06	4:50	
2	Wed	6:45	5.7	6:50	4.1			1:05	1.5	7:07	4:50	
3	Thu	7:26	5.9	8:14	4.1	12:33	1.2	2:05	0.8	7:08	4:50	
4	Fri	8:04	6.1	9:27	4.2	1:24	1.8	2:55	0.2	7:09	4:50	
5	Sat	8:39	6.3	10:29	4.4	2:13	2.3	3:38	-0.2	7:10	4:50	
6	Sun	9:13	6.3	11:23	4.6	2:59	2.7	4:17	-0.5	7:11	4:50	
7	Mon	9:46	6.3			3:42	3.0	4:53	-0.6	7:12	4:50	
8	Tue	12:10	4.7	10:19 AM	6.2	4:24	3.3	5:28	-0.7	7:12	4:50	
9	Wed	12:53	4.7	10:52 AM	6.1	5:05	3.4	6:02	-0.7	7:13	4:50	
10	Thu	1:32	4.7	11:28 AM	6.0	5:44	3.5	6:37	-0.6	7:14	4:50	
11	Fri	2:10	4.6	12:04	5.8	6:23	3.5	7:12	-0.5	7:15	4:50	
12	Sat	2:46	4.6	12:42	5.6	7:05	3.4	7:49	-0.4	7:15	4:51	
13	Sun	3:21	4.6	1:23	5.3	7:52	3.4	8:26	-0.2	7:16	4:51	
14	Mon	3:57	4.7	2:09	4.9	8:49	3.3	9:05	0.1	7:17	4:51	
15	Tue	4:33	4.8	3:04	4.4	9:57	3.0	9:47	0.5	7:18	4:51	
16	Wed	5:09	5.0	4:14	4.0	11:09	2.6	10:32	1.0	7:18	4:52	
17	Thu	5:45	5.3	5:43	3.7			12:15	2.0	7:19	4:52	
18	Fri	6:21	5.6	7:18	3.7			1:11	1.3	7:19	4:52	
19	Sat	6:59	6.0	8:44	3.9	12:15	2.1	2:01	0.5	7:20	4:53	
20	Sun	7:40	6.4	9:54	4.2	1:09	2.5	2:49	-0.3	7:21	4:53	
21	Mon	8:23	6.7	10:53	4.6	2:04	2.9	3:36	-0.9	7:21	4:54	
22	Tue	9:10	7.0	11:45	4.8	2:58	3.1	4:23	-1.4	7:22	4:54	
23	Wed	10:00	7.2			3:52	3.2	5:11	-1.7	7:22	4:55	
24	Thu	12:33	5.0	10:51 AM	7.2	4:45	3.1	6:00	-1.8	7:22	4:55	
25	Fri	1:19	5.1	11:44 AM	7.1	5:41	3.0	6:47	-1.7	7:23	4:56	
26	Sat	2:04	5.1	12:38	6.7	6:39	2.8	7:35	-1.4	7:23	4:57	
27	Sun	2:48	5.3	1:34	6.1	7:42	2.6	8:22	-0.8	7:24	4:57	
28	Mon	3:33	5.4	2:34	5.4	8:52	2.4	9:09	-0.2	7:24	4:58	
29	Tue	4:18	5.5	3:43	4.6	10:09	2.1	9:57	0.6	7:24	4:59	
30	Wed	5:03	5.7	5:07	4.0	11:27	1.6	10:49	1.3	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Thu	<b>5:49</b>	5.9	<b>6:46</b>	3.7			<b>12:39</b>	1.1	7:24	5:00	