



































Alcatraz Island, CA - Jan 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:02	4.9	1:46	4.9	8:17	2.8	8:23	0.4	7:25	5:01	
2	Sun	3:33	5.0	2:34	4.4	9:13	2.6	8:58	0.9	7:25	5:02	
3	Mon	4:05	5.1	3:35	3.9	10:17	2.3	9:35	1.4	7:25	5:02	
4	Tue	4:41	5.3	4:59	3.5	11:25	2.0	10:19	2.0	7:25	5:03	
5	Wed	5:21	5.5	6:44	3.4			12:30	1.4	7:25	5:04	
6	Thu	6:04	5.7	8:22	3.6			1:26	0.9	7:25	5:05	
7	Fri	6:51	6.0	9:32	4.0	12:17	2.9	2:16	0.3	7:25	5:06	
8	Sat	7:40	6.3	10:24	4.3	1:21	3.2	3:02	-0.3	7:25	5:07	
9	Sun	8:30	6.6	11:07	4.6	2:20	3.2	3:47	-0.9	7:25	5:08	
10	Mon	9:20	6.8	11:47	4.8	3:14	3.2	4:30	-1.3	7:25	5:09	
11	Tue	10:10	7.0			4:05	3.0	5:14	-1.5	7:24	5:10	
12	Wed	12:26	5.0	11:01 AM	7.0	4:56	2.7	5:56	-1.6	7:24	5:11	
13	Thu	1:03	5.2	11:52 AM	6.8	5:49	2.4	6:38	-1.4	7:24	5:12	
14	Fri	1:41	5.4	12:45	6.4	6:44	2.1	7:20	-1.0	7:24	5:13	
15	Sat	2:20	5.6	1:41	5.8	7:43	1.8	8:02	-0.3	7:23	5:14	
16	Sun	3:00	5.8	2:44	5.0	8:48	1.5	8:46	0.4	7:23	5:15	
17	Mon	3:43	6.0	3:57	4.3	10:00	1.2	9:33	1.2	7:23	5:16	
18	Tue	4:29	6.1	5:29	3.9	11:16	0.9	10:28	2.0	7:22	5:17	
19	Wed	5:20	6.2	7:13	3.8			12:31	0.5	7:22	5:18	
20	Thu	6:14	6.2	8:43	4.1			1:38	0.2	7:21	5:19	
21	Fri	7:10	6.2	9:48	4.4	12:50	3.0	2:36	-0.2	7:21	5:20	
22	Sat	8:04	6.2	10:37	4.7	1:59	3.2	3:26	-0.4	7:20	5:21	
23	Sun	8:54	6.2	11:18	4.8	2:58	3.2	4:08	-0.5	7:20	5:22	
24	Mon	9:39	6.2	11:53	4.9	3:47	3.0	4:45	-0.6	7:19	5:23	
25	Tue	10:21	6.1			4:31	2.9	5:18	-0.5	7:18	5:24	
26	Wed	12:24	4.9	10:59 AM	6.0	5:10	2.7	5:49	-0.4	7:18	5:26	
27	Thu	12:51	4.9	11:36 AM	5.8	5:47	2.6	6:17	-0.3	7:17	5:27	
28	Fri	1:16	4.9	12:12	5.5	6:23	2.4	6:45	0.0	7:16	5:28	
29	Sat	1:39	5.0	12:49	5.2	7:01	2.2	7:12	0.3	7:16	5:29	
30	Sun	2:03	5.1	1:30	4.8	7:41	2.0	7:40	0.8	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	2:30	5.3	2:16	4.3	8:25	1.9	8:09	1.3	7:14	5:31	