














Alcatraz Island, CA - Aug 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:09	4.7	9:31	6.4	3:59	-0.3	3:30	3.2	6:13	8:18	
2	Wed	11:53	4.8	10:20	6.4	4:45	-0.4	4:23	3.0	6:14	8:17	
3	Thu			12:31	4.9	5:26	-0.4	5:10	2.9	6:15	8:16	
4	Fri			1:04	5.0	6:02	-0.4	5:52	2.7	6:16	8:14	
5	Sat			1:33	5.0	6:34	-0.3	6:31	2.5	6:17	8:13	
6	Sun	12:25	5.9	1:59	5.1	7:04	-0.1	7:10	2.3	6:18	8:12	
7	Mon	1:03	5.6	2:23	5.1	7:32	0.2	7:48	2.2	6:19	8:11	
8	Tue	1:42	5.3	2:47	5.2	8:00	0.6	8:28	2.0	6:19	8:10	
9	Wed	2:23	4.9	3:12	5.4	8:29	1.0	9:11	1.8	6:20	8:09	
10	Thu	3:09	4.5	3:41	5.5	8:58	1.6	10:00	1.7	6:21	8:08	
11	Fri	4:05	4.1	4:15	5.5	9:30	2.1	10:57	1.5	6:22	8:07	
12	Sat	5:20	3.7	4:56	5.6	10:09	2.6			6:23	8:05	
13	Sun	7:02	3.6	5:46	5.7	12:04	1.3	11:02 AM	3.1	6:24	8:04	
14	Mon	8:47	3.8	6:45	5.8	1:14	1.0	12:17	3.4	6:25	8:03	
15	Tue	9:54	4.1	7:46	6.0	2:18	0.6	1:37	3.4	6:25	8:02	
16	Wed	10:38	4.4	8:46	6.3	3:13	0.1	2:43	3.3	6:26	8:00	
17	Thu	11:15	4.6	9:43	6.6	4:01	-0.4	3:39	3.0	6:27	7:59	
18	Fri	11:49	4.9	10:37	6.7	4:45	-0.7	4:31	2.6	6:28	7:58	
19	Sat			12:22	5.2	5:26	-0.8	5:21	2.1	6:29	7:56	
20	Sun			12:56	5.5	6:06	-0.7	6:12	1.6	6:30	7:55	
21	Mon	12:24	6.5	1:30	5.8	6:46	-0.4	7:04	1.1	6:31	7:54	
22	Tue	1:19	6.2	2:06	6.1	7:25	0.1	7:58	0.7	6:31	7:52	
23	Wed	2:17	5.7	2:44	6.3	8:06	0.7	8:55	0.5	6:32	7:51	
24	Thu	3:19	5.1	3:26	6.4	8:49	1.4	9:57	0.4	6:33	7:49	
25	Fri	4:31	4.6	4:12	6.4	9:37	2.1	11:06	0.4	6:34	7:48	
26	Sat	5:56	4.3	5:06	6.2	10:36	2.7			6:35	7:47	
27	Sun	7:32	4.2	6:09	6.1	12:21	0.4	11:53 AM	3.2	6:36	7:45	
28	Mon	8:55	4.4	7:16	6.0	1:35	0.3	1:18	3.3	6:37	7:44	
29	Tue	9:55	4.7	8:22	5.9	2:41	0.2	2:31	3.1	6:37	7:42	
30	Wed	10:41	4.9	9:19	5.9	3:36	0.1	3:29	2.9	6:38	7:41	
31	Thu	11:18	5.0	10:10	5.9	4:20	0.0	4:18	2.6	6:39	7:39	