
































Alcatraz Island, CA - Sep 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:50	5.1	10:55	5.8	4:58	0.1	4:59	2.3	6:40	7:38	
2	Sat			12:17	5.1	5:30	0.2	5:37	2.0	6:41	7:36	
3	Sun			12:41	5.2	5:59	0.4	6:12	1.8	6:42	7:35	
4	Mon	12:15	5.5	1:03	5.3	6:27	0.7	6:46	1.5	6:42	7:33	
5	Tue	12:55	5.3	1:25	5.4	6:53	1.0	7:19	1.3	6:43	7:32	
6	Wed	1:35	5.0	1:48	5.5	7:20	1.4	7:55	1.2	6:44	7:30	
7	Thu	2:18	4.7	2:13	5.6	7:48	1.8	8:33	1.1	6:45	7:29	
8	Fri	3:06	4.4	2:43	5.6	8:18	2.3	9:17	1.0	6:46	7:27	
9	Sat	4:04	4.1	3:19	5.6	8:51	2.7	10:09	0.9	6:47	7:26	
10	Sun	5:19	3.9	4:04	5.6	9:33	3.1	11:13	0.9	6:48	7:24	
11	Mon	6:53	3.9	5:01	5.5	10:36	3.4			6:48	7:23	
12	Tue	8:19	4.1	6:10	5.6	12:26	0.7	12:06	3.5	6:49	7:21	
13	Wed	9:15	4.3	7:21	5.7	1:36	0.4	1:30	3.4	6:50	7:20	
14	Thu	9:54	4.6	8:29	5.9	2:36	0.1	2:35	2.9	6:51	7:18	
15	Fri	10:29	4.9	9:31	6.1	3:26	-0.2	3:30	2.4	6:52	7:16	
16	Sat	11:02	5.3	10:29	6.2	4:10	-0.3	4:21	1.7	6:53	7:15	
17	Sun	11:34	5.7	11:26	6.2	4:52	-0.2	5:10	1.0	6:53	7:13	
18	Mon			12:08	6.0	5:32	0.1	5:59	0.4	6:54	7:12	
19	Tue	12:23	6.0	12:43	6.4	6:12	0.6	6:49	-0.1	6:55	7:10	
20	Wed	1:20	5.7	1:20	6.6	6:53	1.1	7:40	-0.3	6:56	7:09	
21	Thu	2:20	5.4	1:59	6.6	7:36	1.7	8:33	-0.4	6:57	7:07	
22	Fri	3:24	5.0	2:43	6.5	8:22	2.3	9:31	-0.3	6:58	7:05	
23	Sat	4:34	4.7	3:32	6.2	9:16	2.8	10:35	0.0	6:59	7:04	
24	Sun	5:55	4.5	4:30	5.9	10:26	3.2	11:46	0.2	6:59	7:02	
25	Mon	7:18	4.5	5:37	5.6	11:54	3.3			7:00	7:01	
26	Tue	8:27	4.7	6:51	5.3	12:59	0.3	1:18	3.2	7:01	6:59	
27	Wed	9:20	4.9	8:01	5.3	2:04	0.4	2:26	2.8	7:02	6:58	
28	Thu	10:00	5.0	9:03	5.2	2:58	0.4	3:20	2.4	7:03	6:56	
29	Fri	10:33	5.1	9:56	5.2	3:41	0.5	4:04	2.0	7:04	6:55	
30	Sat	11:00	5.2	10:43	5.2	4:17	0.7	4:43	1.6	7:05	6:53	