






























Alcatraz Island, CA - Feb 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:20	5.6	12:52	5.9	6:45	1.5	7:06	-0.3	7:13	5:33	
2	Fri	1:55	5.9	1:48	5.4	7:40	1.1	7:45	0.3	7:12	5:34	
3	Sat	2:34	6.1	2:52	4.7	8:40	0.9	8:28	1.1	7:11	5:35	
4	Sun	3:16	6.2	4:09	4.2	9:47	0.7	9:17	1.8	7:10	5:36	
5	Mon	4:05	6.2	5:45	3.9	11:02	0.5	10:18	2.5	7:09	5:38	
6	Tue	5:02	6.2	7:27	3.9			12:20	0.2	7:08	5:39	
7	Wed	6:05	6.1	8:46	4.3			1:31	0.0	7:07	5:40	
8	Thu	7:10	6.1	9:42	4.6	1:00	3.1	2:32	-0.3	7:06	5:41	
9	Fri	8:11	6.2	10:26	4.8	2:11	3.0	3:22	-0.5	7:05	5:42	
10	Sat	9:06	6.2	11:04	5.0	3:09	2.7	4:05	-0.5	7:04	5:43	
11	Sun	9:54	6.1	11:38	5.1	3:58	2.5	4:42	-0.5	7:03	5:44	
12	Mon	10:38	6.0			4:42	2.2	5:16	-0.4	7:01	5:45	
13	Tue	12:08	5.2	11:19 AM	5.7	5:22	2.0	5:46	-0.1	7:00	5:46	
14	Wed	12:35	5.2	11:59 AM	5.5	6:00	1.8	6:16	0.2	6:59	5:47	
15	Thu	12:59	5.3	12:38	5.1	6:37	1.6	6:44	0.6	6:58	5:49	
16	Fri	1:23	5.3	1:19	4.8	7:15	1.4	7:12	1.0	6:57	5:50	
17	Sat	1:48	5.4	2:03	4.4	7:55	1.3	7:42	1.5	6:56	5:51	
18	Sun	2:16	5.4	2:56	4.0	8:40	1.3	8:13	2.0	6:54	5:52	
19	Mon	2:49	5.4	4:05	3.6	9:32	1.2	8:49	2.5	6:53	5:53	
20	Tue	3:29	5.4	5:41	3.5	10:36	1.1	9:39	3.0	6:52	5:54	
21	Wed	4:19	5.3	7:30	3.6	11:48	0.9	10:58	3.2	6:50	5:55	
22	Thu	5:20	5.4	8:39	3.9			12:57	0.6	6:49	5:56	
23	Fri	6:26	5.5	9:20	4.2	12:27	3.3	1:54	0.2	6:48	5:57	
24	Sat	7:28	5.7	9:54	4.5	1:35	3.1	2:42	-0.2	6:46	5:58	
25	Sun	8:26	6.0	10:25	4.7	2:30	2.7	3:24	-0.5	6:45	5:59	
26	Mon	9:20	6.2	10:56	5.1	3:18	2.3	4:03	-0.7	6:44	6:00	
27	Tue	10:13	6.2	11:28	5.4	4:05	1.7	4:42	-0.6	6:42	6:01	
28	Wed	11:05	6.2			4:52	1.2	5:19	-0.4	6:41	6:02	