
































Alcatraz Island, CA - Sep 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:07	3.9	6:04	5.4	12:29	1.1	12:00	3.4	6:40	7:38	
2	Sun	9:14	4.1	7:09	5.5	1:37	0.9	1:22	3.4	6:41	7:37	
3	Mon	9:57	4.3	8:11	5.7	2:35	0.6	2:25	3.2	6:41	7:35	
4	Tue	10:31	4.6	9:07	5.9	3:22	0.3	3:16	2.9	6:42	7:34	
5	Wed	11:01	4.9	10:00	6.1	4:03	0.0	4:01	2.4	6:43	7:32	
6	Thu	11:31	5.1	10:52	6.2	4:41	-0.1	4:45	1.9	6:44	7:31	
7	Fri			12:01	5.5	5:17	-0.1	5:29	1.4	6:45	7:29	
8	Sat			12:33	5.8	5:54	0.1	6:15	0.8	6:46	7:28	
9	Sun	12:36	6.0	1:06	6.1	6:32	0.5	7:03	0.4	6:46	7:26	
10	Mon	1:31	5.7	1:42	6.4	7:11	1.0	7:54	0.1	6:47	7:25	
11	Tue	2:29	5.3	2:21	6.5	7:52	1.5	8:48	-0.1	6:48	7:23	
12	Wed	3:33	4.9	3:06	6.5	8:38	2.1	9:49	-0.1	6:49	7:21	
13	Thu	4:46	4.6	3:58	6.4	9:31	2.6	10:57	0.0	6:50	7:20	
14	Fri	6:09	4.4	4:59	6.1	10:40	3.0			6:51	7:18	
15	Sat	7:35	4.5	6:10	5.9	12:13	0.1	12:08	3.2	6:52	7:17	
16	Sun	8:45	4.7	7:23	5.8	1:27	0.1	1:34	3.0	6:52	7:15	
17	Mon	9:38	4.9	8:32	5.7	2:31	0.1	2:43	2.7	6:53	7:14	
18	Tue	10:21	5.2	9:33	5.7	3:24	0.1	3:39	2.2	6:54	7:12	
19	Wed	10:57	5.3	10:26	5.6	4:08	0.2	4:26	1.8	6:55	7:11	
20	Thu	11:29	5.5	11:15	5.5	4:46	0.4	5:08	1.5	6:56	7:09	
21	Fri	11:56	5.5			5:20	0.7	5:47	1.2	6:57	7:07	
22	Sat	12:00	5.4	12:22	5.6	5:52	1.0	6:22	0.9	6:57	7:06	
23	Sun	12:43	5.2	12:45	5.6	6:22	1.4	6:56	0.8	6:58	7:04	
24	Mon	1:26	5.0	1:09	5.7	6:52	1.8	7:31	0.6	6:59	7:03	
25	Tue	2:10	4.7	1:35	5.7	7:23	2.2	8:06	0.6	7:00	7:01	
26	Wed	2:56	4.5	2:05	5.6	7:55	2.6	8:46	0.6	7:01	7:00	
27	Thu	3:48	4.3	2:40	5.5	8:30	2.9	9:31	0.7	7:02	6:58	
28	Fri	4:51	4.1	3:22	5.4	9:13	3.2	10:25	0.8	7:03	6:57	
29	Sat	6:06	4.0	4:15	5.2	10:12	3.4	11:30	0.8	7:04	6:55	
30	Sun	7:23	4.1	5:19	5.1	11:38	3.5			7:04	6:53	