
































Alcatraz Island, CA - Nov 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:39	5.3	8:28	4.7	1:36	0.6	2:36	1.7	7:35	6:10	
2	Fri	9:14	5.7	9:37	4.8	2:26	0.9	3:25	0.9	7:36	6:09	
3	Sat	9:49	6.1	10:42	5.0	3:13	1.1	4:12	0.1	7:37	6:08	
4	Sun	9:26	6.5	10:43	5.1	2:59	1.5	3:59	-0.6	6:38	5:07	
5	Mon	10:04	6.8	11:41	5.2	3:44	1.9	4:46	-1.2	6:39	5:06	
6	Tue	10:46	7.0			4:31	2.2	5:34	-1.5	6:41	5:05	
7	Wed	12:38	5.2	11:31 AM	7.0	5:19	2.5	6:24	-1.5	6:42	5:04	
8	Thu	1:35	5.1	12:19	6.8	6:11	2.8	7:15	-1.4	6:43	5:03	
9	Fri	2:33	5.0	1:10	6.5	7:09	2.9	8:09	-1.0	6:44	5:02	
10	Sat	3:32	5.0	2:07	6.0	8:15	3.0	9:06	-0.6	6:45	5:01	
11	Sun	4:31	5.0	3:10	5.4	9:34	3.0	10:05	-0.1	6:46	5:01	
12	Mon	5:29	5.1	4:21	4.9	10:58	2.7	11:05	0.3	6:47	5:00	
13	Tue	6:22	5.2	5:39	4.5			12:15	2.3	6:48	4:59	
14	Wed	7:08	5.4	7:00	4.2	12:03	0.8	1:20	1.8	6:49	4:58	
15	Thu	7:48	5.6	8:14	4.2	12:56	1.2	2:13	1.2	6:50	4:58	
16	Fri	8:21	5.7	9:17	4.3	1:43	1.6	2:58	0.7	6:51	4:57	
17	Sat	8:51	5.8	10:13	4.4	2:26	1.9	3:37	0.3	6:52	4:56	
18	Sun	9:20	5.9	11:02	4.5	3:05	2.3	4:12	0.0	6:53	4:56	
19	Mon	9:48	6.0	11:46	4.6	3:43	2.6	4:45	-0.2	6:54	4:55	
20	Tue	10:18	6.0			4:19	2.8	5:17	-0.3	6:55	4:54	
21	Wed	12:28	4.6	10:49 AM	6.0	4:54	3.0	5:49	-0.4	6:56	4:54	
22	Thu	1:08	4.6	11:23 AM	6.0	5:30	3.2	6:22	-0.5	6:57	4:53	
23	Fri	1:48	4.6	11:59 AM	5.9	6:07	3.2	6:58	-0.5	6:59	4:53	
24	Sat	2:29	4.6	12:37	5.7	6:48	3.3	7:37	-0.4	7:00	4:53	
25	Sun	3:11	4.6	1:20	5.5	7:36	3.3	8:19	-0.3	7:01	4:52	
26	Mon	3:55	4.7	2:09	5.2	8:35	3.2	9:04	-0.1	7:02	4:52	
27	Tue	4:39	4.8	3:10	4.8	9:46	3.0	9:54	0.2	7:03	4:51	
28	Wed	5:22	5.0	4:24	4.4	11:03	2.6	10:47	0.6	7:04	4:51	
29	Thu	6:03	5.3	5:51	4.1			12:14	1.9	7:04	4:51	
30	Fri	6:44	5.7	7:19	4.1			1:14	1.1	7:05	4:51	