






























Alcatraz Island, CA - Feb 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:09	6.6	11:53	5.3	4:05	2.4	4:56	-1.0	7:13	5:33	
2	Sat	10:58	6.4			4:55	2.1	5:35	-0.8	7:12	5:34	
3	Sun	12:29	5.4	11:45 AM	6.1	5:43	1.9	6:11	-0.5	7:11	5:35	
4	Mon	1:03	5.5	12:30	5.7	6:29	1.7	6:47	-0.1	7:10	5:36	
5	Tue	1:35	5.5	1:16	5.2	7:15	1.5	7:21	0.4	7:09	5:37	
6	Wed	2:06	5.5	2:04	4.7	8:03	1.5	7:56	1.0	7:08	5:38	
7	Thu	2:38	5.5	2:58	4.2	8:54	1.4	8:33	1.6	7:07	5:39	
8	Fri	3:12	5.5	4:05	3.8	9:51	1.4	9:14	2.2	7:06	5:41	
9	Sat	3:51	5.4	5:35	3.5	10:57	1.3	10:07	2.7	7:05	5:42	
10	Sun	4:38	5.4	7:22	3.6			12:07	1.1	7:04	5:43	
11	Mon	5:34	5.4	8:40	3.8			1:13	0.8	7:03	5:44	
12	Tue	6:33	5.4	9:28	4.1	12:38	3.2	2:07	0.5	7:02	5:45	
13	Wed	7:30	5.6	10:03	4.3	1:42	3.1	2:52	0.2	7:01	5:46	
14	Thu	8:22	5.7	10:34	4.5	2:34	2.9	3:31	-0.1	6:59	5:47	
15	Fri	9:10	5.9	11:02	4.8	3:17	2.7	4:05	-0.3	6:58	5:48	
16	Sat	9:55	6.0	11:30	5.0	3:57	2.4	4:38	-0.4	6:57	5:49	
17	Sun	10:40	6.0	11:59	5.2	4:37	2.0	5:10	-0.4	6:56	5:50	
18	Mon	11:25	5.9			5:17	1.6	5:43	-0.3	6:55	5:51	
19	Tue	12:28	5.5	12:12	5.7	6:00	1.2	6:17	0.1	6:53	5:53	
20	Wed	1:00	5.7	1:02	5.4	6:46	0.9	6:53	0.5	6:52	5:54	
21	Thu	1:34	5.9	1:58	4.9	7:35	0.6	7:32	1.1	6:51	5:55	
22	Fri	2:11	6.1	3:02	4.5	8:31	0.4	8:16	1.7	6:49	5:56	
23	Sat	2:55	6.1	4:20	4.1	9:35	0.3	9:08	2.3	6:48	5:57	
24	Sun	3:47	6.1	5:54	3.9	10:48	0.2	10:16	2.7	6:47	5:58	
25	Mon	4:50	6.0	7:26	4.1			12:06	0.1	6:45	5:59	
26	Tue	6:00	5.9	8:34	4.4			1:18	-0.1	6:44	6:00	
27	Wed	7:11	5.9	9:25	4.7	1:08	2.8	2:19	-0.3	6:43	6:01	
28	Thu	8:16	6.0	10:07	5.0	2:17	2.5	3:09	-0.5	6:41	6:02	