



Alcatraz Island, CA - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			2:00	4.4	6:44	-0.6	6:23	2.9	5:49	8:26	☀
2	Sun	12:15	5.8	2:38	4.5	7:16	-0.7	7:01	3.0	5:48	8:26	☀
3	Mon	12:51	5.7	3:14	4.5	7:50	-0.7	7:41	3.0	5:48	8:27	☀
4	Tue	1:28	5.6	3:51	4.5	8:25	-0.6	8:26	3.0	5:48	8:28	☀
5	Wed	2:08	5.3	4:29	4.6	9:02	-0.5	9:18	2.9	5:47	8:28	☀
6	Thu	2:53	5.0	5:09	4.7	9:42	-0.3	10:19	2.8	5:47	8:29	☀
7	Fri	3:45	4.6	5:49	4.9	10:25	0.1	11:29	2.4	5:47	8:29	☀
8	Sat	4:49	4.2	6:29	5.2	11:13	0.5			5:47	8:30	☀
9	Sun	6:09	3.9	7:11	5.5	12:38	1.9	12:04	0.9	5:47	8:30	☀
10	Mon	7:38	3.8	7:53	5.9	1:42	1.2	1:00	1.4	5:47	8:31	☀
11	Tue	9:04	3.9	8:37	6.3	2:39	0.5	1:57	1.8	5:47	8:31	☀
12	Wed	10:19	4.1	9:23	6.6	3:32	-0.3	2:53	2.2	5:46	8:32	☀
13	Thu	11:23	4.4	10:11	6.9	4:22	-0.9	3:49	2.4	5:46	8:32	☀
14	Fri			12:20	4.7	5:12	-1.4	4:44	2.6	5:46	8:33	☀
15	Sat			1:12	4.9	6:01	-1.7	5:40	2.6	5:47	8:33	☀
16	Sun			2:01	5.0	6:49	-1.8	6:36	2.6	5:47	8:33	☀
17	Mon	12:43	6.8	2:48	5.2	7:37	-1.7	7:35	2.5	5:47	8:34	☀
18	Tue	1:35	6.5	3:35	5.3	8:24	-1.4	8:37	2.4	5:47	8:34	☀
19	Wed	2:29	6.0	4:21	5.4	9:11	-0.9	9:44	2.3	5:47	8:34	☀
20	Thu	3:26	5.3	5:07	5.4	9:58	-0.3	10:55	2.1	5:47	8:35	☀
21	Fri	4:28	4.7	5:53	5.5	10:46	0.3			5:47	8:35	☀
22	Sat	5:41	4.1	6:38	5.6	12:08	1.8	11:37 AM	1.0	5:48	8:35	☀
23	Sun	7:06	3.7	7:22	5.7	1:18	1.4	12:31	1.6	5:48	8:35	☀
24	Mon	8:36	3.7	8:05	5.8	2:21	1.0	1:26	2.1	5:48	8:35	☀
25	Tue	9:54	3.8	8:45	5.9	3:14	0.5	2:22	2.5	5:49	8:35	☀
26	Wed	10:56	4.1	9:24	6.0	4:00	0.2	3:13	2.8	5:49	8:35	☀
27	Thu	11:46	4.3	10:03	6.0	4:41	-0.1	4:01	2.9	5:49	8:35	☀
28	Fri			12:28	4.4	5:18	-0.3	4:44	3.0	5:50	8:35	☀
29	Sat			1:05	4.5	5:52	-0.4	5:24	3.0	5:50	8:35	☀
30	Sun			1:38	4.6	6:24	-0.5	6:03	3.0	5:51	8:35	☀