



Alcatraz Island, CA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			2:10	4.7	6:56	-0.6	6:42	2.9	5:51	8:35	☀
2	Tue	12:33	6.0	2:41	4.8	7:27	-0.6	7:22	2.8	5:52	8:35	☀
3	Wed	1:12	5.8	3:13	4.9	7:59	-0.5	8:05	2.7	5:52	8:35	☀
4	Thu	1:53	5.5	3:45	5.1	8:33	-0.3	8:54	2.5	5:53	8:35	☀
5	Fri	2:38	5.2	4:20	5.2	9:09	0.0	9:50	2.3	5:53	8:35	☀
6	Sat	3:31	4.7	4:56	5.5	9:48	0.4	10:54	1.9	5:54	8:34	☀
7	Sun	4:36	4.2	5:37	5.7	10:32	1.0			5:54	8:34	☀
8	Mon	5:59	3.9	6:22	6.0	12:03	1.5	11:22 AM	1.6	5:55	8:34	☀
9	Tue	7:35	3.7	7:12	6.3	1:13	0.9	12:21	2.1	5:55	8:34	☀
10	Wed	9:07	3.9	8:05	6.6	2:17	0.3	1:27	2.5	5:56	8:33	☀
11	Thu	10:21	4.2	9:00	6.8	3:16	-0.3	2:33	2.8	5:57	8:33	☀
12	Fri	11:19	4.5	9:55	7.0	4:09	-0.8	3:36	2.8	5:57	8:32	☀
13	Sat			12:09	4.8	5:00	-1.2	4:35	2.7	5:58	8:32	☀
14	Sun			12:54	5.1	5:47	-1.4	5:31	2.6	5:59	8:31	☀
15	Mon			1:37	5.3	6:33	-1.4	6:27	2.4	5:59	8:31	☀
16	Tue	12:33	6.7	2:18	5.4	7:17	-1.2	7:22	2.2	6:00	8:30	☀
17	Wed	1:24	6.3	2:57	5.6	7:59	-0.8	8:18	2.0	6:01	8:30	☀
18	Thu	2:15	5.8	3:37	5.6	8:40	-0.3	9:16	1.9	6:02	8:29	☀
19	Fri	3:09	5.2	4:16	5.7	9:21	0.3	10:18	1.7	6:02	8:29	☀
20	Sat	4:08	4.6	4:56	5.7	10:04	1.0	11:25	1.6	6:03	8:28	☀
21	Sun	5:18	4.1	5:38	5.7	10:50	1.7			6:04	8:27	☀
22	Mon	6:44	3.7	6:24	5.7	12:33	1.4	11:44 AM	2.3	6:05	8:27	☀
23	Tue	8:21	3.7	7:12	5.7	1:40	1.1	12:47	2.7	6:06	8:26	☀
24	Wed	9:42	3.9	8:01	5.8	2:39	0.8	1:51	3.0	6:06	8:25	☀
25	Thu	10:39	4.2	8:49	5.9	3:30	0.5	2:50	3.1	6:07	8:24	☀
26	Fri	11:23	4.4	9:35	6.0	4:13	0.2	3:41	3.1	6:08	8:23	☀
27	Sat	11:59	4.5	10:18	6.1	4:51	0.0	4:25	3.0	6:09	8:23	☀
28	Sun			12:30	4.7	5:26	-0.2	5:05	2.9	6:10	8:22	☀
29	Mon			12:59	4.8	5:57	-0.3	5:43	2.7	6:10	8:21	☀
30	Tue			1:28	4.9	6:28	-0.3	6:21	2.5	6:11	8:20	☀
31	Wed	12:19	6.1	1:56	5.1	6:58	-0.3	7:01	2.3	6:12	8:19	☀