

































## Alcatraz Island, CA - Oct 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:45	4.8	2:52	6.3	8:32	2.6	9:41	-0.3	7:05	6:52	
2	Wed	4:55	4.6	3:48	6.1	9:30	2.9	10:47	-0.2	7:06	6:51	
3	Thu	6:11	4.5	4:54	5.9	10:47	3.1	11:59	0.0	7:07	6:49	
4	Fri	7:24	4.7	6:09	5.6			12:19	3.0	7:08	6:48	
5	Sat	8:25	4.9	7:27	5.5	1:10	0.1	1:41	2.6	7:09	6:46	
6	Sun	9:15	5.2	8:38	5.4	2:13	0.2	2:46	2.1	7:10	6:45	
7	Mon	9:56	5.5	9:42	5.4	3:05	0.3	3:41	1.5	7:11	6:43	
8	Tue	10:33	5.7	10:40	5.4	3:51	0.5	4:29	1.0	7:11	6:42	
9	Wed	11:06	5.9	11:33	5.3	4:32	0.8	5:12	0.6	7:12	6:40	
10	Thu	11:37	6.0			5:10	1.2	5:52	0.3	7:13	6:39	
11	Fri	12:22	5.2	12:07	6.0	5:46	1.6	6:30	0.1	7:14	6:37	
12	Sat	1:10	5.0	12:35	6.0	6:22	2.0	7:06	0.0	7:15	6:36	
13	Sun	1:57	4.9	1:04	5.9	6:58	2.3	7:43	0.1	7:16	6:35	
14	Mon	2:44	4.7	1:35	5.8	7:35	2.7	8:21	0.1	7:17	6:33	
15	Tue	3:33	4.5	2:09	5.6	8:15	3.0	9:03	0.3	7:18	6:32	
16	Wed	4:28	4.4	2:49	5.4	9:00	3.2	9:50	0.5	7:19	6:30	
17	Thu	5:28	4.3	3:38	5.1	9:59	3.3	10:45	0.6	7:20	6:29	
18	Fri	6:31	4.3	4:36	4.9	11:17	3.4	11:46	0.7	7:21	6:28	
19	Sat	7:28	4.4	5:45	4.7			12:38	3.2	7:22	6:26	
20	Sun	8:12	4.6	6:57	4.6	12:47	0.8	1:43	2.8	7:23	6:25	
21	Mon	8:48	4.9	8:07	4.6	1:41	0.8	2:34	2.3	7:24	6:24	
22	Tue	9:20	5.2	9:10	4.8	2:28	0.9	3:17	1.7	7:25	6:22	
23	Wed	9:51	5.5	10:09	4.9	3:10	1.0	3:58	1.0	7:26	6:21	
24	Thu	10:22	5.9	11:04	5.0	3:50	1.2	4:38	0.4	7:27	6:20	
25	Fri	10:55	6.2	11:59	5.1	4:29	1.4	5:19	-0.2	7:28	6:19	
26	Sat	11:30	6.5			5:10	1.7	6:02	-0.7	7:29	6:17	
27	Sun	12:53	5.2	12:08	6.7	5:52	2.1	6:48	-1.1	7:30	6:16	
28	Mon	1:49	5.1	12:51	6.8	6:37	2.4	7:36	-1.2	7:31	6:15	
29	Tue	2:45	5.0	1:37	6.7	7:26	2.6	8:28	-1.1	7:32	6:14	
30	Wed	3:45	4.9	2:30	6.4	8:21	2.8	9:24	-0.9	7:33	6:13	
31	Thu	4:47	4.9	3:29	6.0	9:29	3.0	10:25	-0.5	7:34	6:12	