
































Alcatraz Island, CA - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:50	4.9	4:37	5.5	10:51	2.9	11:30	-0.2	7:35	6:10	
2	Sat	6:51	5.1	5:54	5.1			12:20	2.6	7:36	6:09	
3	Sun	6:46	5.3	6:14	4.8	12:34	0.2	12:37	2.1	6:37	5:08	
4	Mon	7:34	5.6	7:32	4.7	12:34	0.6	1:41	1.5	6:38	5:07	
5	Tue	8:15	5.8	8:41	4.7	1:28	0.9	2:34	0.9	6:39	5:06	
6	Wed	8:52	6.0	9:42	4.7	2:15	1.3	3:20	0.4	6:40	5:05	
7	Thu	9:25	6.1	10:37	4.8	2:59	1.7	4:01	0.1	6:41	5:04	
8	Fri	9:56	6.1	11:26	4.8	3:39	2.0	4:38	-0.2	6:42	5:03	
9	Sat	10:26	6.1			4:17	2.4	5:13	-0.3	6:43	5:03	
10	Sun	12:12	4.8	10:56 AM	6.0	4:55	2.6	5:47	-0.4	6:45	5:02	
11	Mon	12:56	4.7	11:26 AM	6.0	5:32	2.9	6:21	-0.4	6:46	5:01	
12	Tue	1:39	4.7	11:59 AM	5.8	6:10	3.0	6:56	-0.3	6:47	5:00	
13	Wed	2:21	4.6	12:35	5.6	6:50	3.2	7:33	-0.2	6:48	4:59	
14	Thu	3:05	4.5	1:15	5.4	7:35	3.3	8:14	0.0	6:49	4:58	
15	Fri	3:50	4.5	2:00	5.1	8:29	3.3	8:58	0.2	6:50	4:58	
16	Sat	4:37	4.5	2:53	4.7	9:37	3.2	9:47	0.4	6:51	4:57	
17	Sun	5:22	4.7	3:57	4.4	10:53	3.0	10:39	0.7	6:52	4:56	
18	Mon	6:05	4.9	5:13	4.2			12:02	2.5	6:53	4:56	
19	Tue	6:44	5.2	6:34	4.1			1:00	1.9	6:54	4:55	
20	Wed	7:21	5.5	7:51	4.2	12:25	1.3	1:48	1.2	6:55	4:55	
21	Thu	7:57	5.9	9:00	4.4	1:16	1.6	2:34	0.5	6:56	4:54	
22	Fri	8:35	6.3	10:02	4.6	2:04	1.9	3:18	-0.3	6:57	4:54	
23	Sat	9:14	6.7	10:59	4.8	2:52	2.1	4:02	-0.9	6:58	4:53	
24	Sun	9:56	6.9	11:54	5.0	3:40	2.4	4:48	-1.4	6:59	4:53	
25	Mon	10:41	7.1			4:28	2.6	5:35	-1.6	7:00	4:52	
26	Tue	12:46	5.1	11:30 AM	7.0	5:19	2.7	6:24	-1.6	7:01	4:52	
27	Wed	1:38	5.1	12:20	6.8	6:14	2.7	7:14	-1.5	7:02	4:51	
28	Thu	2:30	5.2	1:15	6.4	7:14	2.8	8:06	-1.1	7:03	4:51	
29	Fri	3:23	5.2	2:13	5.9	8:23	2.7	8:59	-0.6	7:04	4:51	
30	Sat	4:16	5.3	3:19	5.2	9:41	2.5	9:54	-0.1	7:05	4:51	