
































Alcatraz Island, CA - Jun 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:39	3.9	9:13	6.0	3:17	0.6	2:37	1.8	5:49	8:26	
2	Mon	10:43	4.1	9:53	6.3	4:01	-0.1	3:27	2.1	5:48	8:26	
3	Tue	11:41	4.4	10:36	6.6	4:45	-0.7	4:16	2.3	5:48	8:27	
4	Wed			12:35	4.6	5:30	-1.2	5:06	2.4	5:48	8:27	
5	Thu			1:25	4.8	6:16	-1.6	5:57	2.5	5:47	8:28	
6	Fri	12:09	6.8	2:15	5.0	7:03	-1.7	6:51	2.5	5:47	8:29	
7	Sat	12:59	6.7	3:04	5.1	7:51	-1.7	7:49	2.5	5:47	8:29	
8	Sun	1:52	6.4	3:53	5.2	8:40	-1.5	8:53	2.4	5:47	8:30	
9	Mon	2:48	5.9	4:43	5.3	9:30	-1.0	10:04	2.2	5:47	8:30	
10	Tue	3:50	5.4	5:33	5.5	10:22	-0.5	11:22	2.0	5:47	8:31	
11	Wed	4:59	4.7	6:23	5.6	11:16	0.1			5:47	8:31	
12	Thu	6:19	4.2	7:13	5.8	12:39	1.6	12:12	0.7	5:46	8:32	
13	Fri	7:45	3.9	8:00	6.0	1:50	1.1	1:10	1.3	5:46	8:32	
14	Sat	9:08	3.9	8:45	6.1	2:51	0.5	2:06	1.8	5:46	8:33	
15	Sun	10:20	4.1	9:27	6.2	3:44	0.1	3:00	2.2	5:47	8:33	
16	Mon	11:19	4.3	10:06	6.2	4:30	-0.2	3:50	2.5	5:47	8:33	
17	Tue			12:10	4.5	5:10	-0.4	4:37	2.7	5:47	8:34	
18	Wed			12:55	4.6	5:47	-0.6	5:21	2.8	5:47	8:34	
19	Thu			1:34	4.6	6:22	-0.6	6:02	2.9	5:47	8:34	
20	Fri			2:11	4.6	6:55	-0.6	6:42	2.9	5:47	8:34	
21	Sat	12:30	5.9	2:44	4.7	7:27	-0.6	7:22	2.9	5:47	8:35	
22	Sun	1:07	5.7	3:17	4.7	8:00	-0.5	8:04	2.9	5:48	8:35	
23	Mon	1:44	5.4	3:49	4.8	8:32	-0.3	8:49	2.8	5:48	8:35	
24	Tue	2:24	5.1	4:23	4.9	9:06	0.0	9:41	2.7	5:48	8:35	
25	Wed	3:09	4.7	4:58	5.0	9:43	0.3	10:40	2.5	5:49	8:35	
26	Thu	4:02	4.3	5:36	5.2	10:22	0.7	11:45	2.1	5:49	8:35	
27	Fri	5:09	3.9	6:17	5.4	11:07	1.2			5:49	8:35	
28	Sat	6:33	3.7	6:59	5.7	12:50	1.7	11:59 AM	1.6	5:50	8:35	
29	Sun	8:05	3.6	7:45	6.0	1:51	1.1	12:56	2.1	5:50	8:35	
30	Mon	9:28	3.8	8:32	6.3	2:45	0.4	1:56	2.4	5:50	8:35	