























Alcatraz Island, CA - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:36	4.1	9:22	6.7	3:36	-0.2	2:55	2.6	5:51	8:35	
2	Wed	11:32	4.5	10:12	6.9	4:25	-0.8	3:53	2.7	5:51	8:35	
3	Thu			12:22	4.8	5:13	-1.3	4:48	2.6	5:52	8:35	
4	Fri			1:08	5.0	6:00	-1.5	5:44	2.5	5:52	8:35	
5	Sat			1:53	5.2	6:47	-1.6	6:40	2.3	5:53	8:35	
6	Sun	12:49	6.9	2:36	5.4	7:33	-1.4	7:38	2.2	5:54	8:35	
7	Mon	1:42	6.5	3:20	5.6	8:19	-1.1	8:40	2.0	5:54	8:34	
8	Tue	2:38	5.9	4:04	5.8	9:04	-0.6	9:46	1.8	5:55	8:34	
9	Wed	3:39	5.3	4:50	5.9	9:51	0.1	10:56	1.6	5:55	8:34	
10	Thu	4:46	4.6	5:37	6.0	10:41	0.8			5:56	8:33	
11	Fri	6:06	4.1	6:26	6.0	12:10	1.3	11:35 AM	1.4	5:57	8:33	
12	Sat	7:36	3.9	7:17	6.1	1:22	1.0	12:36	2.0	5:57	8:33	
13	Sun	9:03	4.0	8:07	6.1	2:26	0.6	1:39	2.5	5:58	8:32	
14	Mon	10:14	4.2	8:54	6.1	3:22	0.3	2:39	2.7	5:59	8:32	
15	Tue	11:09	4.4	9:39	6.1	4:10	0.0	3:33	2.9	5:59	8:31	
16	Wed	11:54	4.6	10:20	6.1	4:51	-0.1	4:22	2.9	6:00	8:31	
17	Thu			12:33	4.7	5:28	-0.2	5:05	2.9	6:01	8:30	
18	Fri			1:07	4.8	6:01	-0.3	5:44	2.8	6:02	8:29	
19	Sat			1:37	4.8	6:32	-0.3	6:22	2.7	6:02	8:29	
20	Sun	12:14	5.9	2:05	4.9	7:02	-0.2	7:00	2.6	6:03	8:28	
21	Mon	12:51	5.8	2:33	5.0	7:31	-0.1	7:38	2.5	6:04	8:27	
22	Tue	1:28	5.5	3:01	5.1	8:00	0.1	8:19	2.4	6:05	8:27	
23	Wed	2:08	5.2	3:32	5.3	8:31	0.4	9:05	2.2	6:05	8:26	
24	Thu	2:53	4.8	4:04	5.4	9:04	0.7	9:56	2.0	6:06	8:25	
25	Fri	3:45	4.4	4:41	5.6	9:41	1.2	10:56	1.7	6:07	8:25	
26	Sat	4:52	4.0	5:23	5.7	10:25	1.7			6:08	8:24	
27	Sun	6:19	3.8	6:12	5.9	12:04	1.4	11:18 AM	2.2	6:09	8:23	
28	Mon	7:56	3.8	7:06	6.2	1:12	0.9	12:23	2.6	6:09	8:22	
29	Tue	9:19	4.0	8:04	6.5	2:16	0.3	1:33	2.8	6:10	8:21	
30	Wed	10:22	4.3	9:02	6.7	3:14	-0.2	2:41	2.8	6:11	8:20	
31	Thu	11:13	4.7	9:59	6.9	4:06	-0.7	3:42	2.7	6:12	8:19	