

































Alcatraz Island, CA - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:57	5.0	10:54	7.0	4:55	-1.0	4:40	2.4	6:13	8:18	
2	Sat			12:39	5.3	5:41	-1.1	5:35	2.1	6:14	8:17	
3	Sun			1:19	5.6	6:26	-1.1	6:29	1.8	6:14	8:16	
4	Mon	12:41	6.7	1:59	5.8	7:09	-0.8	7:24	1.5	6:15	8:15	
5	Tue	1:35	6.3	2:39	6.0	7:52	-0.4	8:20	1.3	6:16	8:14	
6	Wed	2:30	5.8	3:20	6.1	8:35	0.2	9:19	1.2	6:17	8:13	
7	Thu	3:29	5.2	4:03	6.1	9:19	0.9	10:22	1.1	6:18	8:12	
8	Fri	4:35	4.6	4:48	6.0	10:07	1.5	11:31	1.1	6:19	8:11	
9	Sat	5:53	4.2	5:37	5.9	11:03	2.2			6:20	8:10	
10	Sun	7:24	4.0	6:32	5.8	12:42	1.0	12:09	2.6	6:20	8:09	
11	Mon	8:50	4.2	7:28	5.8	1:51	0.8	1:20	2.9	6:21	8:07	
12	Tue	9:55	4.4	8:23	5.8	2:51	0.6	2:25	3.0	6:22	8:06	
13	Wed	10:44	4.6	9:14	5.9	3:41	0.4	3:20	2.9	6:23	8:05	
14	Thu	11:23	4.7	10:00	5.9	4:23	0.3	4:07	2.8	6:24	8:04	
15	Fri	11:55	4.8	10:41	6.0	4:59	0.2	4:48	2.6	6:25	8:02	
16	Sat			12:24	4.9	5:32	0.1	5:26	2.4	6:26	8:01	
17	Sun			12:50	5.0	6:01	0.1	6:01	2.2	6:27	8:00	
18	Mon	12:00	5.8	1:16	5.2	6:29	0.2	6:36	2.0	6:27	7:59	
19	Tue	12:38	5.7	1:43	5.3	6:57	0.4	7:12	1.8	6:28	7:57	
20	Wed	1:18	5.4	2:10	5.5	7:26	0.7	7:51	1.6	6:29	7:56	
21	Thu	2:01	5.2	2:40	5.6	7:57	1.0	8:34	1.4	6:30	7:55	
22	Fri	2:48	4.8	3:13	5.7	8:31	1.4	9:23	1.2	6:31	7:53	
23	Sat	3:44	4.5	3:52	5.8	9:09	1.9	10:20	1.1	6:32	7:52	
24	Sun	4:53	4.2	4:38	5.9	9:55	2.3	11:26	0.9	6:33	7:50	
25	Mon	6:20	4.0	5:34	6.0	10:54	2.7			6:33	7:49	
26	Tue	7:51	4.1	6:39	6.1	12:39	0.6	12:11	3.0	6:34	7:48	
27	Wed	9:04	4.3	7:46	6.2	1:49	0.3	1:31	3.0	6:35	7:46	
28	Thu	9:59	4.7	8:51	6.4	2:50	-0.1	2:41	2.7	6:36	7:45	
29	Fri	10:44	5.0	9:52	6.6	3:44	-0.4	3:41	2.3	6:37	7:43	
30	Sat	11:24	5.3	10:48	6.6	4:32	-0.5	4:36	1.8	6:38	7:42	
31	Sun			12:03	5.6	5:16	-0.5	5:27	1.4	6:38	7:40	