



Alcatraz Island, CA - Oct 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:36	5.6	12:35	6.3	6:10	1.1	6:51	0.0	7:05	6:53	☉
2	Thu	1:28	5.4	1:11	6.3	6:51	1.5	7:35	-0.1	7:06	6:51	☉
3	Fri	2:21	5.2	1:47	6.1	7:33	2.0	8:20	0.0	7:07	6:50	☉
4	Sat	3:16	4.9	2:25	5.9	8:17	2.4	9:08	0.2	7:08	6:48	☾
5	Sun	4:15	4.6	3:06	5.6	9:07	2.8	10:00	0.4	7:08	6:47	☾
6	Mon	5:20	4.5	3:54	5.3	10:08	3.1	10:59	0.6	7:09	6:45	☾
7	Tue	6:31	4.4	4:51	5.0	11:24	3.2			7:10	6:44	☾
8	Wed	7:38	4.5	5:58	4.8	12:04	0.8	12:42	3.1	7:11	6:42	☾
9	Thu	8:30	4.6	7:08	4.7	1:08	0.9	1:48	2.8	7:12	6:41	☾
10	Fri	9:10	4.8	8:13	4.8	2:03	0.9	2:42	2.4	7:13	6:39	☾
11	Sat	9:42	5.0	9:11	4.8	2:49	0.9	3:26	2.0	7:14	6:38	☾
12	Sun	10:10	5.2	10:03	4.9	3:29	1.0	4:05	1.5	7:15	6:36	☾
13	Mon	10:37	5.4	10:51	5.0	4:04	1.1	4:41	1.1	7:16	6:35	☾
14	Tue	11:05	5.7	11:38	5.0	4:37	1.3	5:15	0.7	7:17	6:33	☾
15	Wed	11:33	5.9			5:10	1.5	5:50	0.3	7:18	6:32	☾
16	Thu	12:25	5.1	12:04	6.1	5:44	1.7	6:27	-0.1	7:19	6:31	☾
17	Fri	1:13	5.0	12:37	6.2	6:20	2.0	7:07	-0.4	7:20	6:29	☾
18	Sat	2:03	4.9	1:14	6.3	6:58	2.3	7:51	-0.5	7:21	6:28	☾
19	Sun	2:56	4.8	1:56	6.2	7:42	2.6	8:40	-0.5	7:22	6:27	☾
20	Mon	3:55	4.7	2:44	6.1	8:32	2.8	9:35	-0.4	7:23	6:25	☾
21	Tue	4:58	4.6	3:41	5.8	9:35	3.0	10:36	-0.2	7:24	6:24	☾
22	Wed	6:04	4.7	4:49	5.5	10:55	3.0	11:42	0.0	7:25	6:23	☾
23	Thu	7:07	4.9	6:07	5.2			12:24	2.7	7:26	6:21	☾
24	Fri	8:02	5.2	7:27	5.1	12:49	0.2	1:42	2.2	7:27	6:20	☾
25	Sat	8:49	5.5	8:42	5.0	1:50	0.4	2:45	1.6	7:28	6:19	☾
26	Sun	9:31	5.8	9:49	5.1	2:44	0.6	3:39	0.9	7:29	6:18	☉
27	Mon	10:10	6.1	10:50	5.1	3:33	0.9	4:28	0.3	7:30	6:16	☉
28	Tue	10:47	6.3	11:46	5.1	4:18	1.2	5:12	-0.1	7:31	6:15	☉
29	Wed	11:22	6.4			5:01	1.6	5:54	-0.4	7:32	6:14	☉
30	Thu	12:39	5.1	11:57 AM	6.4	5:43	2.0	6:35	-0.5	7:33	6:13	☉
31	Fri	1:30	5.1	12:32	6.3	6:25	2.3	7:15	-0.5	7:34	6:12	☉