




















Alcatraz Island, CA - May 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:10	5.2	6:27	4.6	11:01	-0.5	11:38	2.6	6:12	8:00	
2	Sun	5:21	4.9	7:24	4.9			12:04	-0.2	6:11	8:01	
3	Mon	6:41	4.7	8:15	5.2	1:01	2.1	1:06	0.1	6:10	8:02	
4	Tue	8:01	4.6	9:00	5.5	2:11	1.5	2:05	0.3	6:09	8:03	
5	Wed	9:16	4.6	9:42	5.9	3:11	0.8	2:58	0.6	6:08	8:04	
6	Thu	10:23	4.7	10:22	6.1	4:03	0.2	3:48	0.9	6:07	8:05	
7	Fri	11:23	4.8	11:01	6.3	4:51	-0.4	4:35	1.3	6:06	8:06	
8	Sat			12:19	4.8	5:36	-0.8	5:20	1.6	6:05	8:07	
9	Sun			1:12	4.8	6:19	-1.0	6:06	1.9	6:04	8:08	
10	Mon	12:17	6.2	2:03	4.8	7:01	-1.0	6:52	2.2	6:03	8:08	
11	Tue	12:56	6.1	2:53	4.7	7:43	-1.0	7:39	2.5	6:02	8:09	
12	Wed	1:34	5.8	3:42	4.6	8:25	-0.8	8:29	2.7	6:01	8:10	
13	Thu	2:15	5.5	4:32	4.6	9:08	-0.5	9:25	2.8	6:00	8:11	
14	Fri	2:58	5.1	5:23	4.5	9:53	-0.2	10:29	2.8	5:59	8:12	
15	Sat	3:47	4.7	6:13	4.5	10:42	0.1	11:41	2.7	5:58	8:13	
16	Sun	4:45	4.3	7:01	4.6	11:34	0.5			5:57	8:14	
17	Mon	5:53	4.0	7:43	4.8	12:52	2.4	12:28	0.8	5:57	8:15	
18	Tue	7:09	3.8	8:21	5.0	1:53	2.0	1:20	1.1	5:56	8:15	
19	Wed	8:23	3.7	8:55	5.2	2:45	1.5	2:08	1.3	5:55	8:16	
20	Thu	9:31	3.8	9:28	5.5	3:29	1.0	2:53	1.6	5:55	8:17	
21	Fri	10:29	4.0	10:01	5.7	4:08	0.5	3:34	1.8	5:54	8:18	
22	Sat	11:22	4.2	10:36	5.9	4:44	0.0	4:15	2.0	5:53	8:19	
23	Sun			12:12	4.4	5:21	-0.4	4:55	2.2	5:53	8:19	
24	Mon			12:59	4.5	5:58	-0.8	5:37	2.4	5:52	8:20	
25	Tue			1:46	4.7	6:38	-1.1	6:21	2.5	5:51	8:21	
26	Wed	12:31	6.3	2:34	4.7	7:20	-1.3	7:09	2.6	5:51	8:22	
27	Thu	1:16	6.2	3:22	4.8	8:05	-1.3	8:02	2.6	5:50	8:23	
28	Fri	2:04	6.0	4:11	4.9	8:52	-1.2	9:02	2.6	5:50	8:23	
29	Sat	2:58	5.7	5:02	5.0	9:43	-0.9	10:13	2.5	5:50	8:24	
30	Sun	4:00	5.2	5:53	5.2	10:36	-0.5	11:32	2.2	5:49	8:25	
31	Mon	5:11	4.7	6:45	5.4	11:33	0.0			5:49	8:25	