

Alcatraz Island, CA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:26	6.3	3:12	4.9	8:08	-1.2	8:08	2.2	6:12	8:00	☀
2	Mon	2:12	6.0	4:10	4.8	8:58	-1.0	9:06	2.4	6:11	8:01	☾
3	Tue	3:00	5.6	5:10	4.7	9:50	-0.6	10:14	2.6	6:10	8:02	☾
4	Wed	3:53	5.2	6:12	4.7	10:46	-0.2	11:30	2.6	6:09	8:03	☾
5	Thu	4:53	4.7	7:11	4.7	11:46	0.1			6:08	8:04	☾
6	Fri	6:03	4.3	8:03	4.8	12:47	2.4	12:46	0.5	6:07	8:05	☾
7	Sat	7:18	4.1	8:46	5.0	1:54	2.0	1:42	0.7	6:06	8:06	☾
8	Sun	8:30	4.0	9:22	5.1	2:49	1.6	2:31	1.0	6:05	8:06	☾
9	Mon	9:33	4.0	9:54	5.3	3:36	1.2	3:15	1.2	6:04	8:07	☾
10	Tue	10:29	4.1	10:23	5.4	4:17	0.7	3:54	1.4	6:03	8:08	☾
11	Wed	11:18	4.2	10:51	5.6	4:54	0.4	4:31	1.7	6:02	8:09	☾
12	Thu			12:03	4.3	5:28	0.0	5:06	1.9	6:01	8:10	☾
13	Fri			12:47	4.4	6:00	-0.2	5:40	2.1	6:00	8:11	☾
14	Sat			1:29	4.4	6:33	-0.5	6:15	2.3	5:59	8:12	☾
15	Sun	12:24	5.8	2:12	4.5	7:07	-0.6	6:52	2.5	5:58	8:13	☾
16	Mon	12:59	5.8	2:57	4.5	7:43	-0.8	7:33	2.6	5:58	8:13	☾
17	Tue	1:37	5.7	3:43	4.5	8:24	-0.8	8:20	2.7	5:57	8:14	☾
18	Wed	2:19	5.5	4:32	4.6	9:08	-0.7	9:16	2.8	5:56	8:15	☾
19	Thu	3:08	5.3	5:24	4.6	9:57	-0.6	10:24	2.7	5:55	8:16	☾
20	Fri	4:07	4.9	6:16	4.8	10:51	-0.3	11:42	2.5	5:55	8:17	☾
21	Sat	5:17	4.6	7:07	5.1	11:49	0.0			5:54	8:18	☾
22	Sun	6:38	4.4	7:54	5.4	12:59	2.0	12:49	0.3	5:53	8:18	☾
23	Mon	8:01	4.3	8:40	5.8	2:06	1.3	1:47	0.6	5:53	8:19	☾
24	Tue	9:18	4.3	9:23	6.2	3:04	0.6	2:42	1.0	5:52	8:20	☾
25	Wed	10:27	4.5	10:06	6.4	3:57	-0.1	3:34	1.3	5:52	8:21	☾
26	Thu	11:29	4.7	10:49	6.6	4:46	-0.7	4:25	1.6	5:51	8:22	☾
27	Fri			12:26	4.8	5:33	-1.1	5:16	1.9	5:51	8:22	☾
28	Sat			1:20	4.9	6:19	-1.3	6:06	2.1	5:50	8:23	☾
29	Sun	12:16	6.6	2:12	5.0	7:05	-1.4	6:58	2.3	5:50	8:24	☾
30	Mon	1:00	6.3	3:02	5.0	7:50	-1.2	7:51	2.5	5:49	8:24	☾
31	Tue	1:45	6.0	3:51	5.0	8:35	-1.0	8:48	2.6	5:49	8:25	☾