

































Alcatraz Island, CA - Jan 2034

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:15	6.7	10:03	4.7	1:46	2.1	3:11	-0.5	7:25	5:01	
2	Mon	9:04	6.8	10:58	5.0	2:44	2.3	3:59	-0.9	7:25	5:02	
3	Tue	9:52	6.9	11:47	5.2	3:39	2.4	4:44	-1.1	7:25	5:03	
4	Wed	10:38	6.8			4:31	2.4	5:28	-1.1	7:25	5:04	
5	Thu	12:32	5.3	11:24 AM	6.6	5:22	2.4	6:10	-1.0	7:25	5:05	
6	Fri	1:15	5.3	12:08	6.3	6:12	2.4	6:50	-0.8	7:25	5:05	
7	Sat	1:57	5.4	12:53	5.9	7:03	2.4	7:30	-0.4	7:25	5:06	
8	Sun	2:37	5.3	1:38	5.4	7:55	2.4	8:10	0.0	7:25	5:07	
9	Mon	3:17	5.3	2:26	4.8	8:52	2.3	8:51	0.5	7:25	5:08	
10	Tue	3:58	5.3	3:22	4.3	9:54	2.2	9:34	1.1	7:24	5:09	
11	Wed	4:39	5.3	4:31	3.9	11:02	2.1	10:23	1.6	7:24	5:10	
12	Thu	5:23	5.3	5:57	3.6			12:10	1.7	7:24	5:11	
13	Fri	6:08	5.4	7:30	3.6			1:11	1.4	7:24	5:12	
14	Sat	6:53	5.6	8:46	3.8	12:20	2.4	2:03	0.9	7:24	5:13	
15	Sun	7:38	5.7	9:41	4.1	1:19	2.7	2:47	0.5	7:23	5:14	
16	Mon	8:21	5.9	10:25	4.4	2:12	2.8	3:26	0.1	7:23	5:15	
17	Tue	9:03	6.1	11:04	4.6	2:58	2.8	4:02	-0.2	7:22	5:16	
18	Wed	9:44	6.2	11:39	4.8	3:40	2.8	4:37	-0.5	7:22	5:17	
19	Thu	10:25	6.3			4:21	2.7	5:12	-0.7	7:22	5:18	
20	Fri	12:14	5.0	11:06 AM	6.4	5:01	2.5	5:48	-0.8	7:21	5:20	
21	Sat	12:49	5.1	11:49 AM	6.3	5:44	2.4	6:24	-0.8	7:20	5:21	
22	Sun	1:25	5.3	12:34	6.0	6:29	2.2	7:03	-0.6	7:20	5:22	
23	Mon	2:02	5.4	1:23	5.7	7:19	2.0	7:44	-0.3	7:19	5:23	
24	Tue	2:41	5.6	2:19	5.2	8:15	1.8	8:27	0.2	7:19	5:24	
25	Wed	3:24	5.7	3:24	4.7	9:19	1.6	9:16	0.8	7:18	5:25	
26	Thu	4:12	5.9	4:44	4.2	10:32	1.3	10:12	1.4	7:17	5:26	
27	Fri	5:04	6.0	6:17	4.0	11:50	0.9	11:18	2.0	7:17	5:27	
28	Sat	6:01	6.1	7:48	4.1			1:02	0.4	7:16	5:28	
29	Sun	7:00	6.3	9:00	4.4	12:29	2.3	2:05	0.0	7:15	5:29	
30	Mon	7:57	6.4	9:58	4.8	1:39	2.5	3:00	-0.4	7:14	5:31	
31	Tue	8:51	6.5	10:46	5.0	2:41	2.5	3:48	-0.7	7:14	5:32	