

































Alcatraz Island, CA - Mar 2034

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:43	5.9	10:22	5.1	2:42	2.2	3:29	-0.3	6:40	6:03	
2	Thu	9:35	5.9	11:00	5.3	3:34	2.0	4:11	-0.3	6:39	6:04	
3	Fri	10:22	5.8	11:34	5.3	4:19	1.7	4:48	-0.2	6:37	6:05	
4	Sat	11:06	5.7			5:01	1.5	5:23	0.0	6:36	6:06	
5	Sun	12:05	5.4	11:47 AM	5.5	5:40	1.3	5:55	0.3	6:34	6:07	
6	Mon	12:34	5.3	12:27	5.2	6:18	1.1	6:27	0.6	6:33	6:08	
7	Tue	1:02	5.3	1:08	4.9	6:55	1.0	6:58	1.0	6:31	6:09	
8	Wed	1:29	5.3	1:50	4.6	7:33	1.0	7:31	1.4	6:30	6:10	
9	Thu	1:59	5.3	2:38	4.2	8:14	1.0	8:06	1.9	6:28	6:11	
10	Fri	2:32	5.2	3:35	3.9	9:01	1.0	8:46	2.3	6:27	6:12	
11	Sat	3:12	5.1	4:47	3.7	9:57	1.0	9:39	2.7	6:25	6:13	
12	Sun	5:01	5.0	7:15	3.7			12:02	1.0	7:24	7:14	
13	Mon	6:00	5.0	8:33	3.9			1:10	0.8	7:22	7:15	
14	Tue	7:05	5.0	9:27	4.2	1:15	2.9	2:11	0.5	7:21	7:16	
15	Wed	8:09	5.2	10:08	4.4	2:21	2.7	3:03	0.2	7:19	7:16	
16	Thu	9:08	5.4	10:44	4.8	3:14	2.4	3:48	0.0	7:18	7:17	
17	Fri	10:02	5.6	11:18	5.1	4:00	2.0	4:30	-0.2	7:16	7:18	
18	Sat	10:53	5.8	11:52	5.4	4:43	1.5	5:10	-0.3	7:15	7:19	
19	Sun	11:44	5.8			5:27	0.9	5:50	-0.2	7:13	7:20	
20	Mon	12:27	5.7	12:36	5.8	6:12	0.5	6:30	0.1	7:12	7:21	
21	Tue	1:03	5.9	1:29	5.6	6:59	0.0	7:12	0.4	7:10	7:22	
22	Wed	1:41	6.1	2:25	5.3	7:48	-0.2	7:56	0.9	7:09	7:23	
23	Thu	2:22	6.2	3:25	5.0	8:41	-0.4	8:44	1.4	7:07	7:24	
24	Fri	3:08	6.1	4:32	4.6	9:39	-0.3	9:38	1.9	7:06	7:25	
25	Sat	3:59	5.9	5:48	4.4	10:43	-0.2	10:46	2.3	7:04	7:26	
26	Sun	4:58	5.7	7:09	4.4	11:55	0.0			7:03	7:27	
27	Mon	6:06	5.4	8:22	4.6	12:09	2.5	1:09	0.0	7:01	7:28	
28	Tue	7:20	5.2	9:21	4.8	1:31	2.4	2:16	0.0	7:00	7:29	
29	Wed	8:30	5.2	10:08	5.1	2:41	2.1	3:12	0.1	6:58	7:29	
30	Thu	9:32	5.2	10:48	5.2	3:38	1.8	4:00	0.1	6:57	7:30	
31	Fri	10:27	5.2	11:23	5.3	4:26	1.4	4:41	0.3	6:55	7:31	