
































Alcatraz Island, CA - Nov 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:06	5.1	4:00	5.8	10:07	2.7	10:50	-0.3	7:35	6:10	
2	Thu	6:12	5.1	5:08	5.3	11:30	2.7	11:57	0.1	7:36	6:09	
3	Fri	7:16	5.2	6:25	5.0			12:52	2.4	7:37	6:08	
4	Sat	8:12	5.4	7:42	4.8	1:03	0.4	2:03	2.0	7:38	6:07	
5	Sun	7:59	5.6	7:54	4.7	1:02	0.6	2:02	1.5	6:39	5:06	
6	Mon	8:40	5.8	8:57	4.7	1:54	0.9	2:51	1.0	6:40	5:05	
7	Tue	9:16	5.9	9:52	4.8	2:39	1.2	3:34	0.6	6:41	5:04	
8	Wed	9:48	5.9	10:41	4.8	3:20	1.5	4:12	0.3	6:42	5:03	
9	Thu	10:17	5.9	11:26	4.8	3:57	1.8	4:47	0.1	6:43	5:03	
10	Fri	10:45	5.9			4:32	2.1	5:20	0.0	6:45	5:02	
11	Sat	12:09	4.8	11:13 AM	5.9	5:07	2.4	5:52	-0.1	6:46	5:01	
12	Sun	12:51	4.7	11:43 AM	5.8	5:41	2.6	6:25	-0.2	6:47	5:00	
13	Mon	1:32	4.7	12:14	5.7	6:17	2.8	7:00	-0.1	6:48	4:59	
14	Tue	2:14	4.6	12:49	5.5	6:56	3.0	7:37	-0.1	6:49	4:58	
15	Wed	2:59	4.6	1:28	5.3	7:40	3.1	8:19	0.1	6:50	4:58	
16	Thu	3:48	4.6	2:13	5.0	8:34	3.2	9:05	0.2	6:51	4:57	
17	Fri	4:39	4.6	3:09	4.7	9:43	3.2	9:58	0.4	6:52	4:56	
18	Sat	5:30	4.7	4:17	4.5	11:02	3.0	10:55	0.6	6:53	4:56	
19	Sun	6:17	5.0	5:35	4.3			12:12	2.5	6:54	4:55	
20	Mon	7:01	5.3	6:53	4.3			1:10	1.9	6:55	4:55	
21	Tue	7:41	5.7	8:06	4.5	12:48	1.0	2:00	1.2	6:56	4:54	
22	Wed	8:20	6.0	9:11	4.7	1:40	1.2	2:46	0.4	6:57	4:54	
23	Thu	9:00	6.4	10:12	4.9	2:29	1.4	3:32	-0.3	6:58	4:53	
24	Fri	9:41	6.7	11:09	5.1	3:17	1.6	4:18	-0.9	6:59	4:53	
25	Sat	10:23	6.9			4:06	1.9	5:05	-1.3	7:00	4:52	
26	Sun	12:04	5.3	11:08 AM	7.0	4:55	2.1	5:53	-1.5	7:01	4:52	
27	Mon	12:58	5.3	11:56 AM	6.9	5:47	2.3	6:42	-1.4	7:02	4:51	
28	Tue	1:52	5.3	12:46	6.6	6:42	2.5	7:33	-1.2	7:03	4:51	
29	Wed	2:47	5.3	1:39	6.2	7:43	2.6	8:25	-0.9	7:04	4:51	
30	Thu	3:43	5.3	2:37	5.6	8:53	2.6	9:21	-0.4	7:05	4:51	