

































Alcatraz Island, CA - Jan 2035

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:42	5.6	5:49	3.9			12:09	1.7	7:25	5:01	
2	Tue	6:29	5.7	7:18	3.8			1:13	1.3	7:25	5:02	
3	Wed	7:13	5.7	8:36	4.0	12:31	1.9	2:08	0.9	7:25	5:03	
4	Thu	7:54	5.9	9:38	4.2	1:27	2.3	2:54	0.5	7:25	5:03	
5	Fri	8:33	6.0	10:27	4.4	2:18	2.5	3:34	0.2	7:25	5:04	
6	Sat	9:09	6.0	11:09	4.5	3:04	2.7	4:10	-0.1	7:25	5:05	
7	Sun	9:45	6.1	11:46	4.7	3:45	2.8	4:43	-0.3	7:25	5:06	
8	Mon	10:21	6.1			4:24	2.8	5:15	-0.4	7:25	5:07	
9	Tue	12:21	4.8	10:57 AM	6.1	5:00	2.8	5:47	-0.5	7:25	5:08	
10	Wed	12:53	4.8	11:33 AM	6.0	5:37	2.8	6:19	-0.5	7:25	5:09	
11	Thu	1:26	4.9	12:11	5.9	6:14	2.7	6:52	-0.5	7:24	5:10	
12	Fri	2:00	5.0	12:50	5.7	6:55	2.7	7:27	-0.3	7:24	5:11	
13	Sat	2:35	5.1	1:33	5.3	7:42	2.5	8:05	-0.1	7:24	5:12	
14	Sun	3:12	5.2	2:24	4.9	8:35	2.4	8:47	0.3	7:24	5:13	
15	Mon	3:53	5.4	3:27	4.5	9:39	2.1	9:34	0.8	7:23	5:14	
16	Tue	4:38	5.5	4:48	4.1	10:51	1.8	10:29	1.4	7:23	5:15	
17	Wed	5:27	5.8	6:23	3.9			12:05	1.2	7:23	5:16	
18	Thu	6:19	6.0	7:53	4.1			1:12	0.6	7:22	5:17	
19	Fri	7:13	6.3	9:06	4.4	12:38	2.2	2:12	0.0	7:22	5:18	
20	Sat	8:06	6.6	10:06	4.7	1:43	2.4	3:05	-0.6	7:21	5:19	
21	Sun	8:59	6.8	10:57	5.0	2:43	2.4	3:55	-1.0	7:21	5:20	
22	Mon	9:51	6.9	11:44	5.3	3:40	2.4	4:42	-1.2	7:20	5:21	
23	Tue	10:41	6.9			4:33	2.3	5:27	-1.3	7:19	5:23	
24	Wed	12:28	5.4	11:30 AM	6.7	5:26	2.1	6:10	-1.1	7:19	5:24	
25	Thu	1:10	5.5	12:19	6.4	6:18	2.0	6:53	-0.8	7:18	5:25	
26	Fri	1:51	5.6	1:08	5.9	7:10	1.9	7:34	-0.4	7:18	5:26	
27	Sat	2:32	5.6	1:58	5.3	8:05	1.9	8:16	0.2	7:17	5:27	
28	Sun	3:13	5.5	2:53	4.7	9:04	1.8	9:00	0.8	7:16	5:28	
29	Mon	3:55	5.5	3:57	4.2	10:08	1.7	9:48	1.4	7:15	5:29	
30	Tue	4:40	5.4	5:18	3.8	11:17	1.6	10:43	2.0	7:15	5:30	
31	Wed	5:27	5.4	6:53	3.7			12:26	1.3	7:14	5:31	