
































## Alcatraz Island, CA - Nov 2036

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:48	5.6	11:21	4.8	4:18	1.2	5:04	0.8	7:36	6:10	
2	Sun	10:16	5.8	11:07	4.9	3:52	1.4	4:36	0.4	6:37	5:09	
3	Mon	10:45	6.0	11:54	4.9	4:26	1.7	5:10	0.0	6:38	5:08	
4	Tue	11:16	6.1			5:01	1.9	5:47	-0.3	6:39	5:07	
5	Wed	12:42	4.9	11:50 AM	6.2	5:39	2.2	6:26	-0.5	6:40	5:06	
6	Thu	1:32	4.9	12:28	6.2	6:20	2.5	7:11	-0.6	6:41	5:05	
7	Fri	2:27	4.8	1:11	6.0	7:06	2.8	8:00	-0.6	6:42	5:04	
8	Sat	3:26	4.8	2:01	5.8	8:02	3.0	8:55	-0.5	6:43	5:03	
9	Sun	4:29	4.8	3:01	5.5	9:12	3.1	9:57	-0.2	6:44	5:02	
10	Mon	5:32	4.9	4:13	5.2	10:37	3.0	11:03	0.0	6:45	5:01	
11	Tue	6:30	5.1	5:33	5.0			12:01	2.6	6:46	5:00	
12	Wed	7:21	5.5	6:54	4.9	12:07	0.2	1:10	2.0	6:47	5:00	
13	Thu	8:05	5.8	8:08	4.9	1:06	0.4	2:09	1.3	6:48	4:59	
14	Fri	8:46	6.1	9:14	5.0	1:59	0.7	3:00	0.6	6:49	4:58	
15	Sat	9:25	6.3	10:14	5.0	2:48	1.0	3:47	0.0	6:50	4:57	
16	Sun	10:02	6.5	11:10	5.1	3:33	1.4	4:31	-0.4	6:51	4:57	
17	Mon	10:38	6.5			4:17	1.7	5:13	-0.7	6:53	4:56	
18	Tue	12:03	5.1	11:14 AM	6.4	5:01	2.1	5:54	-0.8	6:54	4:55	
19	Wed	12:55	5.0	11:50 AM	6.3	5:45	2.5	6:35	-0.7	6:55	4:55	
20	Thu	1:45	5.0	12:27	6.0	6:30	2.8	7:16	-0.6	6:56	4:54	
21	Fri	2:36	4.9	1:05	5.7	7:19	3.0	7:59	-0.3	6:57	4:54	
22	Sat	3:27	4.8	1:46	5.3	8:14	3.2	8:44	0.0	6:58	4:53	
23	Sun	4:20	4.7	2:34	4.9	9:20	3.3	9:34	0.3	6:59	4:53	
24	Mon	5:13	4.7	3:32	4.5	10:37	3.2	10:28	0.6	7:00	4:52	
25	Tue	6:03	4.8	4:41	4.2	11:50	2.9	11:24	0.8	7:01	4:52	
26	Wed	6:45	5.0	5:57	4.0			12:52	2.5	7:02	4:52	
27	Thu	7:22	5.2	7:12	4.0	12:17	1.1	1:43	2.0	7:03	4:51	
28	Fri	7:56	5.4	8:18	4.1	1:06	1.3	2:25	1.4	7:04	4:51	
29	Sat	8:28	5.7	9:17	4.3	1:50	1.5	3:03	0.9	7:05	4:51	
30	Sun	8:59	5.9	10:10	4.5	2:32	1.7	3:38	0.4	7:06	4:51	