



































Alcatraz Island, CA - Jan 2037

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 10:20 | 6.8 | | | 4:12 | 2.8 | 5:16 | -1.3 | 7:25 | 5:01 |  |
| 2 | Fri | 12:29 | 5.0 | 11:06 AM | 6.9 | 5:00 | 2.8 | 6:00 | -1.5 | 7:25 | 5:02 |  |
| 3 | Sat | 1:14 | 5.2 | 11:54 AM | 6.8 | 5:50 | 2.7 | 6:45 | -1.5 | 7:25 | 5:03 |  |
| 4 | Sun | 1:59 | 5.3 | 12:44 | 6.6 | 6:44 | 2.6 | 7:32 | -1.3 | 7:25 | 5:04 |  |
| 5 | Mon | 2:44 | 5.4 | 1:39 | 6.1 | 7:43 | 2.5 | 8:20 | -0.8 | 7:25 | 5:05 |  |
| 6 | Tue | 3:32 | 5.5 | 2:39 | 5.5 | 8:50 | 2.3 | 9:10 | -0.3 | 7:25 | 5:06 |  |
| 7 | Wed | 4:20 | 5.6 | 3:48 | 4.9 | 10:05 | 2.1 | 10:04 | 0.4 | 7:25 | 5:07 |  |
| 8 | Thu | 5:11 | 5.8 | 5:10 | 4.3 | 11:24 | 1.7 | 11:01 | 1.0 | 7:25 | 5:08 |  |
| 9 | Fri | 6:02 | 6.0 | 6:43 | 4.1 | | | 12:39 | 1.1 | 7:25 | 5:08 |  |
| 10 | Sat | 6:52 | 6.2 | 8:11 | 4.1 | 12:03 | 1.6 | 1:44 | 0.6 | 7:24 | 5:09 |  |
| 11 | Sun | 7:41 | 6.3 | 9:24 | 4.4 | 1:05 | 2.1 | 2:40 | 0.1 | 7:24 | 5:10 |  |
| 12 | Mon | 8:26 | 6.4 | 10:23 | 4.6 | 2:04 | 2.4 | 3:28 | -0.3 | 7:24 | 5:11 |  |
| 13 | Tue | 9:10 | 6.4 | 11:12 | 4.8 | 2:58 | 2.7 | 4:10 | -0.5 | 7:24 | 5:12 |  |
| 14 | Wed | 9:50 | 6.4 | 11:56 | 4.9 | 3:47 | 2.8 | 4:49 | -0.6 | 7:23 | 5:13 |  |
| 15 | Thu | 10:29 | 6.3 | | | 4:32 | 2.9 | 5:25 | -0.6 | 7:23 | 5:14 |  |
| 16 | Fri | 12:34 | 4.9 | 11:06 AM | 6.1 | 5:14 | 2.9 | 5:59 | -0.6 | 7:23 | 5:16 |  |
| 17 | Sat | 1:09 | 4.9 | 11:43 AM | 6.0 | 5:53 | 2.8 | 6:32 | -0.5 | 7:22 | 5:17 |  |
| 18 | Sun | 1:41 | 4.9 | 12:19 | 5.7 | 6:32 | 2.8 | 7:04 | -0.3 | 7:22 | 5:18 |  |
| 19 | Mon | 2:12 | 4.9 | 12:55 | 5.4 | 7:12 | 2.7 | 7:37 | 0.0 | 7:21 | 5:19 |  |
| 20 | Tue | 2:43 | 4.9 | 1:35 | 5.1 | 7:55 | 2.7 | 8:10 | 0.3 | 7:21 | 5:20 |  |
| 21 | Wed | 3:15 | 4.9 | 2:19 | 4.6 | 8:44 | 2.6 | 8:46 | 0.7 | 7:20 | 5:21 |  |
| 22 | Thu | 3:49 | 5.0 | 3:13 | 4.2 | 9:41 | 2.4 | 9:26 | 1.2 | 7:20 | 5:22 |  |
| 23 | Fri | 4:28 | 5.1 | 4:25 | 3.8 | 10:48 | 2.1 | 10:12 | 1.7 | 7:19 | 5:23 |  |
| 24 | Sat | 5:10 | 5.3 | 5:59 | 3.6 | 11:56 | 1.7 | 11:08 | 2.2 | 7:19 | 5:24 |  |
| 25 | Sun | 5:56 | 5.5 | 7:35 | 3.7 | | | 12:59 | 1.2 | 7:18 | 5:25 |  |
| 26 | Mon | 6:45 | 5.8 | 8:53 | 4.0 | 12:11 | 2.5 | 1:53 | 0.6 | 7:17 | 5:26 |  |
| 27 | Tue | 7:35 | 6.1 | 9:51 | 4.3 | 1:15 | 2.8 | 2:42 | 0.0 | 7:16 | 5:28 |  |
| 28 | Wed | 8:25 | 6.4 | 10:39 | 4.7 | 2:13 | 2.8 | 3:28 | -0.6 | 7:16 | 5:29 |  |
| 29 | Thu | 9:15 | 6.7 | 11:22 | 4.9 | 3:07 | 2.8 | 4:13 | -1.1 | 7:15 | 5:30 |  |
| 30 | Fri | 10:05 | 6.9 | | | 3:58 | 2.6 | 4:58 | -1.3 | 7:14 | 5:31 | |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|--------------|-----|---------------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Sat | 12:03 | 5.2 | 10:55 AM | 6.9 | 4:48 | 2.4 | 5:42 | -1.4 | 7:13 | 5:32 |  |