




































Alcatraz Island, CA - Jan 2038

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 7:52 | 6.5 | 9:30 | 4.4 | 1:13 | 1.9 | 2:46 | -0.1 | 7:25 | 5:01 |  |
| 2 | Sat | 8:37 | 6.7 | 10:32 | 4.7 | 2:10 | 2.3 | 3:35 | -0.6 | 7:25 | 5:02 |  |
| 3 | Sun | 9:22 | 6.8 | 11:26 | 4.9 | 3:05 | 2.6 | 4:21 | -1.0 | 7:25 | 5:03 |  |
| 4 | Mon | 10:06 | 6.8 | | | 3:57 | 2.8 | 5:04 | -1.1 | 7:25 | 5:04 |  |
| 5 | Tue | 12:15 | 5.0 | 10:49 AM | 6.7 | 4:47 | 2.9 | 5:46 | -1.1 | 7:25 | 5:05 |  |
| 6 | Wed | 12:59 | 5.1 | 11:31 AM | 6.5 | 5:36 | 2.9 | 6:26 | -1.0 | 7:25 | 5:05 |  |
| 7 | Thu | 1:42 | 5.1 | 12:13 | 6.1 | 6:23 | 2.9 | 7:05 | -0.8 | 7:25 | 5:06 |  |
| 8 | Fri | 2:22 | 5.1 | 12:54 | 5.8 | 7:12 | 2.9 | 7:44 | -0.4 | 7:25 | 5:07 |  |
| 9 | Sat | 3:00 | 5.0 | 1:37 | 5.3 | 8:03 | 2.9 | 8:23 | 0.0 | 7:25 | 5:08 |  |
| 10 | Sun | 3:38 | 5.0 | 2:23 | 4.8 | 8:59 | 2.8 | 9:03 | 0.4 | 7:24 | 5:09 |  |
| 11 | Mon | 4:15 | 5.0 | 3:18 | 4.3 | 10:03 | 2.6 | 9:45 | 0.9 | 7:24 | 5:10 |  |
| 12 | Tue | 4:54 | 5.1 | 4:28 | 3.8 | 11:13 | 2.3 | 10:32 | 1.5 | 7:24 | 5:11 |  |
| 13 | Wed | 5:33 | 5.2 | 5:57 | 3.6 | | | 12:20 | 1.9 | 7:24 | 5:12 |  |
| 14 | Thu | 6:14 | 5.4 | 7:33 | 3.6 | | | 1:19 | 1.5 | 7:23 | 5:13 |  |
| 15 | Fri | 6:55 | 5.6 | 8:52 | 3.8 | 12:21 | 2.4 | 2:08 | 0.9 | 7:23 | 5:14 |  |
| 16 | Sat | 7:37 | 5.8 | 9:52 | 4.1 | 1:18 | 2.7 | 2:51 | 0.4 | 7:23 | 5:15 |  |
| 17 | Sun | 8:19 | 6.0 | 10:39 | 4.4 | 2:10 | 2.9 | 3:30 | -0.1 | 7:22 | 5:16 |  |
| 18 | Mon | 9:01 | 6.3 | 11:20 | 4.6 | 2:58 | 3.0 | 4:08 | -0.5 | 7:22 | 5:17 |  |
| 19 | Tue | 9:44 | 6.5 | 11:59 | 4.8 | 3:43 | 3.0 | 4:46 | -0.8 | 7:21 | 5:18 |  |
| 20 | Wed | 10:27 | 6.6 | | | 4:26 | 2.9 | 5:25 | -1.1 | 7:21 | 5:20 |  |
| 21 | Thu | 12:37 | 5.0 | 11:12 AM | 6.7 | 5:10 | 2.8 | 6:04 | -1.2 | 7:20 | 5:21 |  |
| 22 | Fri | 1:14 | 5.1 | 11:58 AM | 6.6 | 5:56 | 2.6 | 6:45 | -1.2 | 7:20 | 5:22 |  |
| 23 | Sat | 1:52 | 5.2 | 12:46 | 6.3 | 6:46 | 2.4 | 7:26 | -0.9 | 7:19 | 5:23 |  |
| 24 | Sun | 2:32 | 5.4 | 1:39 | 5.8 | 7:41 | 2.2 | 8:09 | -0.5 | 7:19 | 5:24 |  |
| 25 | Mon | 3:13 | 5.5 | 2:38 | 5.2 | 8:43 | 1.9 | 8:55 | 0.2 | 7:18 | 5:25 |  |
| 26 | Tue | 3:57 | 5.7 | 3:49 | 4.6 | 9:53 | 1.6 | 9:45 | 0.9 | 7:17 | 5:26 |  |
| 27 | Wed | 4:44 | 5.9 | 5:17 | 4.1 | 11:10 | 1.2 | 10:42 | 1.6 | 7:17 | 5:27 |  |
| 28 | Thu | 5:35 | 6.0 | 6:56 | 4.0 | | | 12:26 | 0.7 | 7:16 | 5:28 |  |
| 29 | Fri | 6:29 | 6.2 | 8:26 | 4.2 | | | 1:35 | 0.2 | 7:15 | 5:29 |  |
| 30 | Sat | 7:24 | 6.3 | 9:36 | 4.5 | 12:58 | 2.6 | 2:34 | -0.2 | 7:14 | 5:31 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|--------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Sun | 8:18 | 6.4 | 10:30 | 4.8 | 2:04 | 2.8 | 3:25 | -0.6 | 7:14 | 5:32 |  |