

































Alcatraz Island, CA - Mar 2038

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:03	5.8	10:12	4.9	2:09	2.8	3:07	-0.3	6:40	6:03	
2	Tue	8:58	5.9	10:51	5.0	3:06	2.6	3:52	-0.4	6:38	6:04	
3	Wed	9:47	5.9	11:26	5.1	3:54	2.3	4:30	-0.4	6:37	6:05	
4	Thu	10:31	5.8	11:56	5.1	4:36	2.1	5:05	-0.3	6:36	6:06	
5	Fri	11:12	5.6			5:14	1.9	5:37	-0.1	6:34	6:07	
6	Sat	12:23	5.1	11:50 AM	5.4	5:49	1.7	6:07	0.2	6:33	6:08	
7	Sun	12:48	5.1	12:29	5.1	6:24	1.5	6:36	0.5	6:31	6:09	
8	Mon	1:12	5.1	1:08	4.8	7:00	1.3	7:05	0.9	6:30	6:10	
9	Tue	1:36	5.2	1:51	4.5	7:37	1.2	7:35	1.4	6:28	6:11	
10	Wed	2:03	5.2	2:40	4.2	8:18	1.1	8:08	1.9	6:27	6:12	
11	Thu	2:35	5.2	3:43	3.8	9:05	1.0	8:46	2.4	6:25	6:13	
12	Fri	3:12	5.1	5:06	3.6	10:03	1.0	9:36	2.8	6:24	6:14	
13	Sat	3:59	5.1	6:46	3.7	11:10	0.8	10:52	3.1	6:22	6:15	
14	Sun	5:58	5.1	9:05	4.0			1:21	0.6	7:21	7:16	
15	Mon	7:05	5.2	9:56	4.2	1:18	3.2	2:24	0.2	7:19	7:17	
16	Tue	8:11	5.4	10:35	4.5	2:28	3.0	3:17	-0.2	7:18	7:17	
17	Wed	9:12	5.7	11:10	4.8	3:22	2.7	4:04	-0.5	7:16	7:18	
18	Thu	10:09	5.9	11:43	5.1	4:10	2.2	4:48	-0.7	7:15	7:19	
19	Fri	11:02	6.1			4:56	1.6	5:29	-0.7	7:13	7:20	
20	Sat	12:17	5.4	11:55 AM	6.1	5:42	1.1	6:10	-0.5	7:12	7:21	
21	Sun	12:51	5.6	12:49	5.9	6:30	0.5	6:51	-0.2	7:10	7:22	
22	Mon	1:26	5.9	1:45	5.6	7:19	0.1	7:32	0.4	7:09	7:23	
23	Tue	2:03	6.1	2:43	5.2	8:11	-0.2	8:15	1.0	7:07	7:24	
24	Wed	2:43	6.1	3:48	4.8	9:06	-0.3	9:02	1.7	7:06	7:25	
25	Thu	3:27	6.0	5:02	4.4	10:06	-0.3	9:58	2.3	7:04	7:26	
26	Fri	4:17	5.8	6:27	4.3	11:14	-0.2	11:11	2.7	7:03	7:27	
27	Sat	5:17	5.6	7:55	4.4			12:28	-0.1	7:01	7:28	
28	Sun	6:26	5.3	9:05	4.6	12:40	2.9	1:40	-0.1	7:00	7:29	
29	Mon	7:39	5.2	9:57	4.8	2:02	2.8	2:44	-0.1	6:58	7:30	
30	Tue	8:47	5.1	10:39	5.0	3:08	2.5	3:37	-0.1	6:57	7:30	
31	Wed	9:45	5.2	11:14	5.1	4:00	2.1	4:20	0.0	6:55	7:31	