

































Alcatraz Island, CA - Mar 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:28	5.2	5:04	3.6	10:21	1.2	9:48	2.7	6:40	6:03	
2	Wed	4:10	5.1	6:54	3.6	11:30	1.1	10:59	3.1	6:39	6:04	
3	Thu	5:03	5.1	8:23	3.9			12:39	0.9	6:37	6:05	
4	Fri	6:05	5.1	9:15	4.1	12:24	3.3	1:39	0.6	6:36	6:06	
5	Sat	7:07	5.2	9:52	4.4	1:34	3.2	2:30	0.2	6:35	6:07	
6	Sun	8:03	5.5	10:23	4.6	2:26	3.0	3:12	-0.1	6:33	6:08	
7	Mon	8:54	5.7	10:52	4.7	3:09	2.7	3:50	-0.4	6:32	6:09	
8	Tue	9:42	5.9	11:21	4.9	3:48	2.4	4:26	-0.5	6:30	6:10	
9	Wed	10:28	6.0	11:50	5.1	4:27	2.0	5:00	-0.6	6:29	6:11	
10	Thu	11:14	5.9			5:06	1.5	5:35	-0.4	6:27	6:12	
11	Fri	12:19	5.4	12:02	5.8	5:49	1.1	6:10	-0.1	6:26	6:12	
12	Sat	12:50	5.6	12:53	5.5	6:34	0.7	6:47	0.4	6:24	6:13	
13	Sun	1:23	5.8	2:49	5.1	8:23	0.4	8:26	1.0	7:23	7:14	
14	Mon	3:00	5.9	3:54	4.6	9:18	0.1	9:10	1.7	7:21	7:15	
15	Tue	3:41	5.9	5:11	4.2	10:19	0.0	10:01	2.3	7:20	7:16	
16	Wed	4:31	5.9	6:45	4.0	11:30	0.0	11:10	2.8	7:18	7:17	
17	Thu	5:31	5.7	8:18	4.2			12:47	-0.1	7:17	7:18	
18	Fri	6:42	5.6	9:28	4.5	12:40	3.1	2:01	-0.3	7:15	7:19	
19	Sat	7:56	5.6	10:20	4.8	2:07	3.0	3:05	-0.4	7:14	7:20	
20	Sun	9:03	5.7	11:01	5.0	3:15	2.6	3:58	-0.5	7:12	7:21	
21	Mon	10:03	5.7	11:38	5.2	4:11	2.2	4:43	-0.5	7:11	7:22	
22	Tue	10:56	5.7			4:58	1.8	5:23	-0.3	7:09	7:23	
23	Wed	12:11	5.3	11:44 AM	5.5	5:41	1.4	5:59	-0.1	7:08	7:24	
24	Thu	12:41	5.3	12:29	5.3	6:21	1.1	6:32	0.3	7:06	7:25	
25	Fri	1:08	5.4	1:13	5.1	6:59	0.8	7:04	0.7	7:05	7:26	
26	Sat	1:33	5.4	1:57	4.8	7:36	0.6	7:35	1.2	7:03	7:27	
27	Sun	1:58	5.4	2:43	4.5	8:13	0.5	8:07	1.7	7:01	7:27	
28	Mon	2:23	5.3	3:34	4.2	8:51	0.5	8:40	2.2	7:00	7:28	
29	Tue	2:51	5.2	4:33	3.9	9:34	0.5	9:18	2.7	6:58	7:29	
30	Wed	3:25	5.1	5:49	3.8	10:24	0.5	10:08	3.1	6:57	7:30	
31	Thu	4:08	5.0	7:22	3.8	11:25	0.6	11:25	3.3	6:55	7:31	