































Alcatraz Island, CA - Feb 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:10	5.0	1:06	5.4	7:15	2.4	7:38	0.0	7:13	5:32	
2	Thu	2:40	5.1	1:51	5.0	8:02	2.2	8:12	0.4	7:12	5:33	
3	Fri	3:12	5.2	2:47	4.5	8:57	1.9	8:50	1.0	7:11	5:35	
4	Sat	3:48	5.4	4:00	4.0	10:01	1.6	9:33	1.7	7:10	5:36	
5	Sun	4:29	5.6	5:40	3.7	11:12	1.1	10:27	2.3	7:09	5:37	
6	Mon	5:18	5.8	7:30	3.8			12:25	0.6	7:08	5:38	
7	Tue	6:14	6.1	8:56	4.1			1:33	0.0	7:07	5:39	
8	Wed	7:14	6.3	9:56	4.5	12:54	3.1	2:33	-0.6	7:06	5:40	
9	Thu	8:15	6.6	10:44	4.8	2:05	3.1	3:26	-1.0	7:05	5:41	
10	Fri	9:12	6.8	11:26	5.0	3:07	3.0	4:16	-1.3	7:04	5:42	
11	Sat	10:07	6.9			4:02	2.7	5:02	-1.4	7:03	5:43	
12	Sun	12:05	5.2	11:00 AM	6.8	4:55	2.3	5:45	-1.3	7:02	5:45	
13	Mon	12:43	5.4	11:51 AM	6.5	5:47	2.0	6:27	-1.0	7:01	5:46	
14	Tue	1:19	5.5	12:41	6.1	6:38	1.7	7:06	-0.5	7:00	5:47	
15	Wed	1:55	5.6	1:33	5.5	7:31	1.5	7:45	0.1	6:59	5:48	
16	Thu	2:31	5.6	2:29	4.9	8:26	1.3	8:25	0.8	6:58	5:49	
17	Fri	3:08	5.6	3:33	4.3	9:25	1.2	9:07	1.6	6:56	5:50	
18	Sat	3:46	5.5	4:55	3.8	10:31	1.1	9:57	2.3	6:55	5:51	
19	Sun	4:29	5.4	6:41	3.7	11:41	1.0	11:02	2.9	6:54	5:52	
20	Mon	5:18	5.3	8:18	3.9			12:51	0.8	6:53	5:53	
21	Tue	6:14	5.3	9:21	4.2	12:21	3.2	1:52	0.5	6:51	5:54	
22	Wed	7:12	5.4	10:05	4.4	1:33	3.3	2:43	0.2	6:50	5:55	
23	Thu	8:06	5.5	10:40	4.6	2:30	3.2	3:26	0.0	6:49	5:56	
24	Fri	8:54	5.6	11:09	4.7	3:16	3.0	4:03	-0.2	6:47	5:57	
25	Sat	9:38	5.8	11:36	4.7	3:55	2.7	4:36	-0.3	6:46	5:58	
26	Sun	10:19	5.8			4:30	2.5	5:06	-0.4	6:45	5:59	
27	Mon	12:01	4.8	10:59 AM	5.8	5:04	2.2	5:35	-0.3	6:43	6:00	
28	Tue	12:26	5.0	11:38 AM	5.7	5:38	1.9	6:04	-0.2	6:42	6:01	
29	Wed	12:51	5.1	12:19	5.5	6:15	1.6	6:33	0.1	6:41	6:02	