

































Alcatraz Island, CA - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:53	4.4	7:03	5.8	12:22	2.0	12:00	0.6	5:51	8:35	
2	Mon	7:21	4.0	7:48	6.0	1:35	1.4	12:54	1.3	5:52	8:35	
3	Tue	8:52	3.9	8:29	6.1	2:39	0.8	1:49	1.9	5:52	8:35	
4	Wed	10:11	4.0	9:09	6.2	3:33	0.3	2:43	2.4	5:53	8:35	
5	Thu	11:16	4.3	9:47	6.2	4:20	0.0	3:34	2.8	5:53	8:35	
6	Fri			12:09	4.5	5:01	-0.3	4:22	3.1	5:54	8:34	
7	Sat			12:55	4.6	5:39	-0.5	5:07	3.2	5:55	8:34	
8	Sun			1:35	4.7	6:14	-0.5	5:49	3.3	5:55	8:34	
9	Mon			2:11	4.7	6:48	-0.6	6:28	3.3	5:56	8:33	
10	Tue	12:13	6.1	2:44	4.7	7:21	-0.5	7:06	3.3	5:56	8:33	
11	Wed	12:50	5.9	3:16	4.7	7:54	-0.5	7:46	3.2	5:57	8:33	
12	Thu	1:27	5.7	3:47	4.7	8:26	-0.4	8:29	3.1	5:58	8:32	
13	Fri	2:06	5.4	4:18	4.8	9:00	-0.2	9:17	3.0	5:59	8:32	
14	Sat	2:49	5.1	4:51	5.0	9:34	0.1	10:13	2.7	5:59	8:31	
15	Sun	3:38	4.6	5:25	5.2	10:12	0.6	11:17	2.4	6:00	8:31	
16	Mon	4:40	4.2	6:02	5.4	10:53	1.1			6:01	8:30	
17	Tue	6:02	3.8	6:41	5.7	12:24	1.9	11:40 AM	1.7	6:01	8:30	
18	Wed	7:41	3.7	7:24	6.0	1:28	1.3	12:35	2.2	6:02	8:29	
19	Thu	9:16	3.9	8:11	6.3	2:27	0.6	1:35	2.7	6:03	8:28	
20	Fri	10:31	4.2	9:01	6.7	3:21	-0.1	2:37	3.0	6:04	8:28	
21	Sat	11:31	4.5	9:53	7.0	4:13	-0.7	3:37	3.1	6:04	8:27	
22	Sun			12:22	4.8	5:04	-1.2	4:34	3.1	6:05	8:26	
23	Mon			1:08	5.0	5:53	-1.5	5:30	2.9	6:06	8:25	
24	Tue			1:51	5.2	6:41	-1.6	6:25	2.7	6:07	8:25	
25	Wed	12:33	7.1	2:33	5.3	7:27	-1.5	7:23	2.5	6:08	8:24	
26	Thu	1:27	6.7	3:15	5.5	8:13	-1.1	8:22	2.3	6:08	8:23	
27	Fri	2:22	6.2	3:57	5.6	8:58	-0.6	9:26	2.0	6:09	8:22	
28	Sat	3:20	5.5	4:39	5.7	9:43	0.0	10:35	1.8	6:10	8:21	
29	Sun	4:25	4.8	5:22	5.8	10:29	0.8	11:48	1.5	6:11	8:20	
30	Mon	5:43	4.2	6:08	5.9	11:20	1.5			6:12	8:19	
31	Tue	7:17	3.9	6:55	5.9	1:00	1.2	12:17	2.2	6:13	8:18	