
































Alcatraz Island, CA - Sep 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:41	4.7	8:52	5.6	3:23	0.4	3:15	3.2	6:40	7:38	
2	Sun	11:18	4.8	9:42	5.8	4:08	0.3	4:02	3.0	6:41	7:36	
3	Mon	11:49	4.9	10:26	5.8	4:47	0.1	4:41	2.8	6:42	7:35	
4	Tue			12:16	4.9	5:20	0.1	5:17	2.5	6:43	7:33	
5	Wed			12:41	5.0	5:51	0.1	5:51	2.3	6:43	7:32	
6	Thu			1:05	5.1	6:19	0.2	6:24	2.0	6:44	7:30	
7	Fri	12:25	5.7	1:30	5.3	6:47	0.3	6:59	1.7	6:45	7:29	
8	Sat	1:06	5.5	1:55	5.4	7:15	0.6	7:37	1.4	6:46	7:27	
9	Sun	1:49	5.2	2:22	5.6	7:44	1.0	8:18	1.2	6:47	7:26	
10	Mon	2:38	4.9	2:52	5.7	8:17	1.5	9:05	1.0	6:48	7:24	
11	Tue	3:35	4.5	3:26	5.8	8:53	2.1	10:00	0.8	6:48	7:22	
12	Wed	4:48	4.2	4:09	5.8	9:36	2.7	11:05	0.6	6:49	7:21	
13	Thu	6:20	4.1	5:03	5.8	10:34	3.1			6:50	7:19	
14	Fri	7:59	4.2	6:11	5.9	12:19	0.4	11:56 AM	3.4	6:51	7:18	
15	Sat	9:12	4.5	7:24	6.0	1:33	0.1	1:25	3.4	6:52	7:16	
16	Sun	10:03	4.8	8:34	6.2	2:39	-0.2	2:38	3.1	6:53	7:15	
17	Mon	10:45	5.1	9:38	6.3	3:35	-0.5	3:38	2.6	6:54	7:13	
18	Tue	11:22	5.3	10:36	6.4	4:25	-0.6	4:31	2.1	6:54	7:12	
19	Wed	11:58	5.5	11:31	6.3	5:09	-0.5	5:21	1.5	6:55	7:10	
20	Thu			12:32	5.8	5:50	-0.3	6:09	1.0	6:56	7:08	
21	Fri	12:25	6.1	1:05	5.9	6:30	0.2	6:56	0.7	6:57	7:07	
22	Sat	1:18	5.7	1:38	6.0	7:08	0.7	7:44	0.5	6:58	7:05	
23	Sun	2:13	5.3	2:12	6.0	7:47	1.3	8:32	0.4	6:59	7:04	
24	Mon	3:11	4.9	2:46	5.9	8:28	2.0	9:23	0.4	7:00	7:02	
25	Tue	4:16	4.6	3:23	5.7	9:13	2.6	10:19	0.5	7:00	7:01	
26	Wed	5:34	4.3	4:07	5.5	10:10	3.1	11:22	0.6	7:01	6:59	
27	Thu	7:04	4.3	5:01	5.2	11:28	3.5			7:02	6:58	
28	Fri	8:25	4.5	6:07	5.0	12:33	0.7	12:55	3.5	7:03	6:56	
29	Sat	9:21	4.6	7:17	5.0	1:41	0.7	2:06	3.3	7:04	6:54	
30	Sun	10:01	4.8	8:21	5.1	2:38	0.6	3:00	3.0	7:05	6:53	