

































Alcatraz Island, CA - Oct 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:32	4.9	9:16	5.2	3:25	0.5	3:43	2.6	7:06	6:51	
2	Tue	10:59	5.0	10:05	5.3	4:04	0.4	4:21	2.2	7:07	6:50	
3	Wed	11:23	5.1	10:49	5.4	4:37	0.4	4:56	1.8	7:07	6:48	
4	Thu	11:46	5.3	11:33	5.3	5:07	0.5	5:29	1.4	7:08	6:47	
5	Fri			12:10	5.5	5:36	0.7	6:02	1.0	7:09	6:45	
6	Sat	12:17	5.3	12:35	5.7	6:05	1.0	6:37	0.6	7:10	6:44	
7	Sun	1:03	5.1	1:01	5.8	6:36	1.4	7:15	0.3	7:11	6:42	
8	Mon	1:53	5.0	1:30	6.0	7:09	1.9	7:57	0.0	7:12	6:41	
9	Tue	2:47	4.7	2:03	6.0	7:45	2.4	8:44	-0.1	7:13	6:39	
10	Wed	3:50	4.5	2:43	6.0	8:26	2.8	9:39	-0.2	7:14	6:38	
11	Thu	5:05	4.4	3:32	5.9	9:18	3.3	10:43	-0.1	7:15	6:37	
12	Fri	6:29	4.4	4:36	5.7	10:31	3.5	11:56	-0.1	7:16	6:35	
13	Sat	7:47	4.5	5:53	5.5			12:09	3.5	7:17	6:34	
14	Sun	8:45	4.8	7:14	5.5	1:09	-0.1	1:37	3.1	7:18	6:32	
15	Mon	9:30	5.1	8:29	5.5	2:14	-0.2	2:44	2.5	7:19	6:31	
16	Tue	10:08	5.4	9:35	5.6	3:08	-0.2	3:40	1.9	7:19	6:30	
17	Wed	10:43	5.7	10:36	5.6	3:55	0.0	4:29	1.2	7:20	6:28	
18	Thu	11:17	5.9	11:32	5.5	4:37	0.3	5:15	0.6	7:21	6:27	
19	Fri	11:49	6.1			5:17	0.7	5:59	0.1	7:22	6:26	
20	Sat	12:27	5.3	12:20	6.2	5:56	1.2	6:42	-0.2	7:23	6:24	
21	Sun	1:21	5.2	12:51	6.2	6:34	1.8	7:24	-0.3	7:24	6:23	
22	Mon	2:16	5.0	1:22	6.1	7:14	2.3	8:06	-0.3	7:25	6:22	
23	Tue	3:13	4.8	1:54	5.9	7:55	2.8	8:50	-0.2	7:26	6:20	
24	Wed	4:14	4.6	2:30	5.6	8:43	3.2	9:38	0.0	7:27	6:19	
25	Thu	5:23	4.5	3:13	5.3	9:42	3.5	10:33	0.3	7:28	6:18	
26	Fri	6:36	4.5	4:07	5.0	11:03	3.7	11:36	0.5	7:29	6:17	
27	Sat	7:42	4.5	5:14	4.7			12:30	3.5	7:30	6:15	
28	Sun	8:31	4.7	6:29	4.6	12:42	0.6	1:40	3.2	7:31	6:14	
29	Mon	9:07	4.8	7:41	4.5	1:40	0.6	2:34	2.8	7:32	6:13	
30	Tue	9:36	5.0	8:44	4.6	2:28	0.7	3:18	2.3	7:34	6:12	
31	Wed	10:01	5.2	9:41	4.7	3:09	0.8	3:56	1.7	7:35	6:11	