
































Alcatraz Island, CA - Nov 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:26	5.4	10:33	4.8	3:45	0.9	4:31	1.2	7:36	6:10	
2	Fri	10:51	5.7	11:24	4.8	4:18	1.1	5:05	0.6	7:37	6:09	
3	Sat	11:17	5.9			4:51	1.5	5:40	0.1	7:38	6:08	
4	Sun	12:14	4.9	10:45 AM	6.2	4:25	1.8	5:17	-0.4	6:39	5:07	
5	Mon	12:06	4.9	11:16 AM	6.3	5:01	2.2	5:57	-0.7	6:40	5:06	
6	Tue	1:00	4.8	11:51 AM	6.4	5:39	2.6	6:41	-0.9	6:41	5:05	
7	Wed	1:57	4.8	12:31	6.4	6:22	3.0	7:30	-1.0	6:42	5:04	
8	Thu	2:59	4.7	1:17	6.2	7:12	3.3	8:25	-0.9	6:43	5:03	
9	Fri	4:05	4.6	2:13	5.9	8:15	3.5	9:26	-0.7	6:44	5:02	
10	Sat	5:13	4.7	3:21	5.6	9:39	3.5	10:33	-0.4	6:45	5:01	
11	Sun	6:14	4.9	4:40	5.2	11:15	3.2	11:40	-0.2	6:46	5:00	
12	Mon	7:06	5.2	6:04	4.9			12:37	2.6	6:47	5:00	
13	Tue	7:49	5.5	7:24	4.8	12:40	0.1	1:42	1.9	6:48	4:59	
14	Wed	8:28	5.8	8:36	4.8	1:34	0.4	2:36	1.1	6:49	4:58	
15	Thu	9:03	6.1	9:40	4.8	2:21	0.8	3:24	0.5	6:50	4:57	
16	Fri	9:37	6.3	10:40	4.8	3:04	1.3	4:08	-0.1	6:52	4:57	
17	Sat	10:09	6.4	11:35	4.9	3:46	1.7	4:49	-0.5	6:53	4:56	
18	Sun	10:40	6.4			4:26	2.2	5:28	-0.7	6:54	4:55	
19	Mon	12:29	4.8	11:11 AM	6.3	5:07	2.7	6:06	-0.7	6:55	4:55	
20	Tue	1:20	4.8	11:42 AM	6.1	5:48	3.0	6:44	-0.7	6:56	4:54	
21	Wed	2:11	4.8	12:16	5.9	6:31	3.3	7:23	-0.5	6:57	4:54	
22	Thu	3:02	4.7	12:53	5.6	7:19	3.5	8:06	-0.3	6:58	4:53	
23	Fri	3:55	4.6	1:35	5.3	8:14	3.6	8:52	0.0	6:59	4:53	
24	Sat	4:49	4.6	2:24	5.0	9:23	3.6	9:43	0.2	7:00	4:52	
25	Sun	5:40	4.6	3:24	4.6	10:42	3.5	10:37	0.5	7:01	4:52	
26	Mon	6:23	4.7	4:34	4.3	11:55	3.1	11:31	0.7	7:02	4:52	
27	Tue	6:59	4.9	5:51	4.1			12:55	2.6	7:03	4:51	
28	Wed	7:30	5.2	7:08	4.0	12:21	0.9	1:44	2.0	7:04	4:51	
29	Thu	8:00	5.5	8:18	4.1	1:06	1.2	2:25	1.4	7:05	4:51	
30	Fri	8:28	5.8	9:22	4.3	1:49	1.5	3:03	0.7	7:06	4:51	