



































Alcatraz Island, CA - Dec 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:58	6.1	10:20	4.5	2:29	1.9	3:40	0.0	7:07	4:50	
2	Sun	9:30	6.4	11:16	4.7	3:09	2.2	4:19	-0.6	7:08	4:50	
3	Mon	10:06	6.6			3:51	2.6	5:00	-1.0	7:09	4:50	
4	Tue	12:09	4.8	10:44 AM	6.8	4:34	2.9	5:43	-1.4	7:09	4:50	
5	Wed	1:02	4.9	11:27 AM	6.8	5:20	3.1	6:30	-1.5	7:10	4:50	
6	Thu	1:55	4.9	12:14	6.7	6:10	3.2	7:20	-1.5	7:11	4:50	
7	Fri	2:48	4.9	1:07	6.4	7:07	3.3	8:12	-1.2	7:12	4:50	
8	Sat	3:43	5.0	2:05	6.0	8:14	3.2	9:07	-0.9	7:13	4:50	
9	Sun	4:37	5.1	3:11	5.4	9:35	3.1	10:05	-0.4	7:14	4:50	
10	Mon	5:30	5.3	4:28	4.9	11:03	2.7	11:04	0.1	7:14	4:50	
11	Tue	6:19	5.5	5:54	4.4			12:23	2.0	7:15	4:50	
12	Wed	7:04	5.8	7:22	4.2	12:01	0.7	1:30	1.3	7:16	4:51	
13	Thu	7:45	6.1	8:42	4.3	12:56	1.2	2:27	0.6	7:17	4:51	
14	Fri	8:24	6.3	9:51	4.4	1:47	1.7	3:15	0.0	7:17	4:51	
15	Sat	9:00	6.4	10:50	4.6	2:36	2.2	3:59	-0.4	7:18	4:51	
16	Sun	9:35	6.5	11:43	4.7	3:22	2.6	4:38	-0.7	7:19	4:52	
17	Mon	10:10	6.4			4:07	2.9	5:15	-0.8	7:19	4:52	
18	Tue	12:31	4.8	10:44 AM	6.3	4:51	3.2	5:51	-0.8	7:20	4:53	
19	Wed	1:14	4.8	11:19 AM	6.2	5:33	3.3	6:26	-0.7	7:20	4:53	
20	Thu	1:55	4.8	11:54 AM	6.0	6:15	3.4	7:02	-0.6	7:21	4:54	
21	Fri	2:35	4.7	12:32	5.7	6:57	3.4	7:38	-0.4	7:21	4:54	
22	Sat	3:13	4.7	1:11	5.4	7:44	3.4	8:16	-0.2	7:22	4:55	
23	Sun	3:51	4.7	1:54	5.1	8:37	3.3	8:56	0.1	7:22	4:55	
24	Mon	4:28	4.7	2:44	4.6	9:41	3.2	9:37	0.5	7:23	4:56	
25	Tue	5:06	4.9	3:45	4.2	10:51	2.9	10:22	0.9	7:23	4:56	
26	Wed	5:43	5.1	5:03	3.8	11:59	2.4	11:10	1.3	7:23	4:57	
27	Thu	6:19	5.3	6:35	3.7			12:57	1.8	7:24	4:58	
28	Fri	6:56	5.6	8:04	3.8	12:01	1.8	1:47	1.1	7:24	4:58	
29	Sat	7:33	6.0	9:19	4.0	12:53	2.2	2:32	0.4	7:24	4:59	
30	Sun	8:13	6.3	10:21	4.4	1:46	2.6	3:16	-0.3	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	8:54	6.6	11:20	4.7	2:37	2.9	4:00	-0.9	7:25	5:01	